

Breck Tiernan, DPM, a Podiatrist with Advanced Foot and Ankle Center of Joliet

Get to know Podiatrist Dr. Breck Tiernan, who serves patients in Joliet, Illinois.



New York City, New York Apr 25, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Tiernan is a skilled podiatrist who provides adult & pediatric foot care at Advanced Foot and Ankle Center of Joliet, which he opened back in 2007. Specializing in treating heel pain and bunions, his clinic is filled with new state-of-the-art equipment to help heal all foot and ankle conditions conservatively and get his patients back on their feet pain-free.

Advanced Foot and Ankle Center of Joliet is a part of Advanced Foot and Ankle Centers of Illinois, which employs the latest research and cutting-edge technology to help people rebound from foot pain every day. “Our practice is working together to realize a shared vision of uncompromising excellence in podiatric care” as stated by their mission statement on their website.

Born and raised in Eastern Iowa, Dr. Tiernan started his medical training at Des Moines University College of Podiatric Medicine and Surgery in 2001. During this time, he helped write two peer-reviewed scientific articles while training at the world-renown Weil Foot and Ankle Institute in Des Plaines, Illinois with Dr. Thomas Roukis. After graduating with his medical degree in 2005, he was surgically trained at Norwegian American Hospital in Chicago with an emphasis on bunion correction and ankle arthroscopy. He also took numerous classes on lower limb deformities and completed three external fixation courses around the country.

“In my clinical experience, patient comfort and education during an appointment are the most important aspects of any doctor visit. My goal as a physician is to make the appointment as relaxing and calming as possible and to also educate the patient about the condition and possible treatments. I encourage all questions about the condition and treatments. I will explore all options of treatment for every condition and I will only consider surgery when all conservative treatment has been exhausted.” as stated by the doctor.

In addition to being a member of the American College of Foot and Ankle Surgeons, he has published two papers, one of them being “Spontaneous Bilateral Ankle and Midfoot Sepsis in a Nonimmunocompromised Patient” in the Journal of the American Podiatric Medical Association (2006; 96: 139-147).

Podiatry is a branch of medicine devoted to the study, diagnosis, and medical and surgical treatment of a variety of disorders of the foot, ankle, and lower extremity. A podiatrist, also known as a podiatric physician or a foot and ankle surgeon, is a medical professional devoted to the treatment of disorders of the foot, ankle, and lower extremity. They can treat injuries and complications from ongoing health issues like diabetes.

Happily married with 3 children, Dr. Tiernan is an avid golfer and football fan (go Hawkeyes!). He has played 28 out of the top 100 golf courses in the world. He is hoping to get to as many of them as possible. His all-time top 10 favorite courses include Royal Dornoch, Cruden Bay, Cabot Cliffs, Ballybunion – Old Course, Lahinch, Pebble Beach, Pinehurst #2, Royal County Down, Old Course at St. Andrews, and Turnberry (Ailsa).

Learn More about Dr. Breck Tiernan:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2681775-Breck-Tiernan-Podiatrist-Foot-and-Ankle-Specialist> or through Advanced Foot and Ankle Centers of Illinois, <https://yourfootdocs.com/dr-breck-tiernan-bio/>

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Source : Breck Tiernan, DPM

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