

Alexandra Dubinskaya, MD, FACOG, NCMP, a Urogynecologist

Get to know Urogynecologist Dr. Alexandra Dubinskaya, who serves patients in Los Angeles, California.



New York City, New York Oct 21, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Alexandra Dubinskaya is a board-certified gynecologist, specializing in urogynecology with an emphasis on female pelvic medicine and reconstructive surgery, female sexual health, and menopause. Her mission is to help women suffering from pelvic floor disorders, sexual and menopausal concerns. She is currently practicing as a clinician, researcher, and passionate advocate for her patients. Her credentials further include being a Fellow of the American College of Obstetricians and Gynecologists (ACOG) and a Certified Menopause Practitioner through the North American Menopause Society (NAMS).

Growing up with a desire to participate in women's care, Dr. Dubinskaya, completed her medical and general surgery training in Saint Petersburg, Russia. Her passion for the field of women's health along with female pelvic health, surgical reconstruction, genital plastic surgery and female sexuality is what led her to the United States. She completed her obstetrics gynecology residency training at Tufts Medical Center in Boston, MA, and St Francis Hospital in Hartford, CT. Her surgical skills were refined further during the Female Pelvic Medicine and Reconstructive Surgery Fellowship at Cedars Sinai Medical Center in Beverly Hills, CA, a place she currently resides.

Her involvement in the field extends past the office as she is also an active member, speaker, and presenter at national and international conferences. Dr. Dubinskaya serves as a chair of the communication committee for the International Society of Sexual Medicine and is overseeing the promotion of sexual literacy through the society's website, newsletters, and social media. Her goal is to inspire and encourage women to embrace their bodies, and sexuality, and regain control and confidence in their lives. She wants women to understand that problems are solvable and there are options available to make the changes for a better life.

Her practice specializes in the treatment of urinary incontinence "urinary leakage", pelvic organ prolapse "vaginal bulge", urinary tract infections "UTIs", interstitial cystitis, pelvic floor dysfunction, vaginismus, vulvodynia, vulvar skin conditions, menopausal symptoms, and female sexual dysfunction including painful sex, low libido, and orgasmic disorders.

Dr. Dubinskaya believes in advancing medical care for women through research. She has been published in multiple peer-reviewed journals and is a reviewer for several journals. She has contributed to several textbooks including Ostergard's Urogynecology and Steele's Colorectal Textbooks.

Coming from a diverse background, Dr. Alexandra Dubinskaya is fluent in both English and Russian languages.

For more information or to schedule a visit and/or consultation with Dr. Dubinskaya, visit her website: www.drurogyn.com

Learn More about Dr. Alexandra Dubinskaya:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1872254-Alexandra-Dubinskaya-OB-GYN-Obstetrician-Gynecologist>, or through her website, <https://drurogyn.com/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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