

VITAL Health Owners Highlight the Power of Working Together for Stronger Relationships

We help you achieve body harmony and balance through natural remedies. Osteopathy, Sports Therapy, Massage & Functional Medicine.



Los Angeles, California Mar 14, 2023 ([Issuewire.com](https://www.issuewire.com)) - VITAL Health, a highly regarded osteopathic clinic, is thrilled to announce that its owners, Dan and Holly Trussler, who were married last year, are due to feature in an upcoming article by Absolute Bridal magazine. The article features Dan and Holly's journey from meeting on a London street to their outdoor wedding in Mersea last year and showcases how working together has strengthened not only their business but also their marriage.

As accomplished entrepreneurs in the health and wellness industry, Dan and Holly have discovered that working together brings them closer together. By combining their skills and knowledge, they have built a successful clinic that helps people lead healthier and happier lives.

"We firmly believe that working together creates a stronger bond in our marriage, although it's not without its challenges!" said Dan. "It has taught us to communicate better, trust each other more, and given us a shared purpose that we both feel passionate about."

The couple prioritises their family's own health and wellness and they have 3 sons aged 7, 4, and 18

months. They are firm believers in a natural approach to health and wellbeing and inspire their clients to focus on the healing power of nutritional foods and regular osteopathic treatment.

"We both share a passion for leading healthy and active lifestyles, and this has brought us even closer together," said Holly. "We hope to inspire others to prioritise their relationships and work together to achieve their goals."

[VITAL Health](#) is a highly regarded osteopathic clinic that specialises in providing a range of osteopathy services to individuals seeking relief from musculoskeletal aches and pains near Colchester, Essex. The clinic also offers complementary services such as sports massage, detox and weight loss programmes, hypnobirthing, functional medicine, pregnancy massage, and sports therapy. These additional services complement the clinic's osteopathy services and allow patients to receive a comprehensive and integrated approach to their healthcare needs.

As VITAL Health continues to expand, Dan & Holly Trussler plan to share their experience to encourage others to prioritise their relationships and well-being.

Photography Credit: Andy Jones Photography

Media Contact:

Dan Trussler

Director

[01621 927645](tel:01621927645)

team@vitalhealth.co.uk

Media Contact

Dan Trussler

team@vitalhealth.co.uk

Source : Dan Trussler

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