

Transmute anger into power and be in control of your higher self, with Annette Cornish's Nails in the Fence



Bologna, Italy Mar 1, 2023 ([Issuewire.com](http://www.Issuewire.com)) - This book which will be featured in the Bologna Children's Book Fair on March 6 – 9, 2023 @ Bologna, Italy, posits anger management, and its causes. Nails in the fence points out common causes of conflicts and provides various solutions on how to avoid and deal with conflicts and be in control of your reactions instead of being consumed by your emotions. As the saying goes, "if there is one thing that you can be in this world, be kind".

The author, Annette Cornish, would like to impart to its readers that “it takes less energy to smile and say kind words to others”.

Nails in the fence is available for grabs at [Amazon.com](https://www.amazon.com) and [Barnes&Noble](https://www.barnesandnoble.com).

ABOUT THE AUTHOR:

Annette Holliday Fulton Cornish is an experienced educator, trainer, advisor, conflict mediator, and author, with roots in South Carolina. Currently living in Newark Delaware, Annette Cornish authored the Former Family Foundation Academy Charter School Conflict Mediation Program Guide and the Bullying Prevention Program Guide and co-authored Newark High School Conflict Mediation Guide. She also has an impeccable social circle and interpersonal life as she is an active member of St. John African Methodist Church, Sigma Gamma Rho Sorority, Inc., Phi Delta Kappa National Teacher's Sorority, Inc., Rho Chapter and The National Association of Negro Business and Professional Women's Club, Inc.

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