

Sanjay K. Nigam, MD, a Psychiatrist with Southern Illinois Associates, LLC

Get to know Psychiatrist Dr. Sanjay K. Nigam, who serves patients in Illinois.



New York City, New York Mar 28, 2023 ([Issuewire.com](https://www.issuewire.com)) - Having been practicing psychiatry since 2002, Dr. Nigam founded Southern Illinois Associates, LLC in 2004, serving as CEO.

Southern Illinois Associates, LLC emphasizes the assessment, treatment, and management of physiological health. The psychiatric staff offers quality and convenient psychiatric, psychological, and

counseling services to families, all under one roof. The team has also been providing behavioral health care for several southern Illinois counties, including several nursing homes, assisted living facilities, and group homes.

With special training in providing Transcranial Magnetic Stimulation (TMS), Dr. Nigam is a REMS-certified provider of Esketamine/SPRAVATO treatment.

“Our mission is to offer superior quality behavioral healthcare that patients recommend to their family and friends, physicians prefer for their patients. Helping our community one person at a time” he stated.

Educated in India, Dr. Nigam graduated with his Bachelor of Medicine, and Bachelor of Surgery degree from Maulana Azad Medical College in 1990. He then relocated to the United States, performing his residency within the Department of Psychiatry and Neurology at the University of Missouri, after which he moved to St. Louis University for his last year of residency.

Following his training, the doctor attained board certification in psychiatry through the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Prior to his current endeavors, Dr. Nigam served in the role of psychiatric director within the Geriatric Behavioral Health Unit at Greenville Regional Hospital, as consulting psychiatrist at Anderson Hospital, as attending psychiatrist at Gateway Regional Hospital, as a consultant psychiatrist at St. Anthony's Hospital, and as medical director at the Community Counseling Center of Alton.

On a professional level, he is a member of the American Psychiatric Association and the Clinical TMS Society.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Outside of practicing medicine, Dr. Nigam enjoys playing cricket.

Learn More about Dr. Sanjay K. Nigam:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/369598-Sanjay-Nigam-Psychiatrist>, or through Southern Illinois Associates, LLC, <https://sia-llc.net/about-us>

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