

Roberto Fernandez-Blay, MD, an Internist with Priority Health MD & New Reflection Medspa & Wellness Center

Get to know Internist Dr. Roberto Fernandez-Blay, who serves patients in Cooper City, Florida.



New York City, New York Mar 30, 2023 ([IssueWire.com](https://www.issuewire.com)) - A devoted internist with over two decades of experience in the medical field, Dr. Fernandez-Blay has built a reputation as a caring and knowledgeable physician who focuses on improving his patients' overall health and well-being. He specializes in helping patients manage acute pain and chronic conditions like hypertension, high cholesterol, and diabetes.

After earning his medical degree at the Havana Medical School in Cuba, he worked as an internist in Havana for two years before moving to Spain to start his first private practice. Later, he pursued his residency in internal medicine through the BronxCare Health System in the United States before returning to Florida to work as a primary care physician and hospitalist.

Today, Dr. Fernandez-Blay is a well-known integrative medical specialist with two thriving medical practices in Cooper City. He offers comprehensive primary care services to ensure his patients achieve the best health outcomes and remain happy and healthy throughout their lifespan.

At Priority Health MD, he takes a holistic approach to healthcare, emphasizing the importance of routine health screenings, healthy eating habits, regular exercise, and personalized wellness care to maintain optimal well-being. He understands that every patient has unique health needs, and he tailors his care to meet each individual's goals and expectations.

His other practice, New Reflection Medspa & Wellness Center, offers a wide range of aesthetics services designed to help patients enhance their appearance and feel confident in their skin. Dr. Fernandez-Blay provides ongoing medical support for weight loss, hormone replacement therapy (HRT), and complementary wellness therapies to maximize his patients' results. He also offers a range of aesthetics treatments, such as microneedling, skin rejuvenation, laser hair removal, and injectables like Juvéderm®, Botox®, Restylane®, and Kybella®.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in Internal Medicine are called Internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Learn More about Dr. Roberto Fernandez-Blay:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/165899-Roberto-Fernandez-Blay-Internist>, through Priority Health MD, <https://www.prioritymd.net/about> or through New Reflection Medspa & Wellness Center, <https://www.newreflection.com/about>

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