

Nadia Afridi, MD, FRCS(C), a Plastic Surgeon in Private Practice

Get to know Plastic Surgeon Dr. Nadia Afridi, who serves patients throughout the State of New York.



New York City, New York Mar 8, 2023 ([Issuewire.com](https://www.issuewire.com)) - As one of a limited number of plastic surgeons in New York City, Dr. Afridi is specifically interested in women's health issues as they relate to plastic surgery. She is keenly aware of the needs of young moms who want to experience the joys of the family but keep their pre-baby physiques. Therefore, she has established a particular interest and is specializing, in post-maternity body reshaping.

Bringing a refreshing element to her industry, Dr. Afridi feels she has the insight and perspective to keenly understand the needs and wants of her patient population. She also takes the time to listen carefully to her patients in order to truly appreciate their concerns and to try to provide them with the results they want.

Balancing professionalism with empathy and patient-oriented care, she is committed to providing her patients with individualized care tailored specifically to each person's needs, goals, and expectations. She takes pride in providing one-on-one, personalized attention to her patients.

Before embarking on her professional journey, Dr. Afridi graduated with her medical degree from the University of Saskatchewan College of Medicine in Canada, and completed her residency in plastic surgery at Dalhousie University, serving as Chief Resident in her final year. She then went on to complete her sub-specialty training in breast surgery and body contouring in the United States with Dr. G. Patrick Maxwell, followed by a fellowship in reconstructive surgery with ReSurge International.

Passionate about her profession, the doctor is board-certified in plastic surgery by the American Board of Plastic Surgery (ABPS). The mission of the ABPS is to promote safe, ethical, and efficacious plastic surgery to the public by maintaining high standards for the education, examination, certification, and continuous certification of plastic surgeons as specialists and subspecialists.

Staying up to date in her field, Dr. Afridi is a Fellow of the Royal College of Surgeons of Canada (FRCS(C)), and an Associate Fellow of the American College of Surgeons.

Moreover, she is an active member of the American Society of Plastic Surgeons and the American Society for Aesthetic Plastic Surgery.

Before entering private practice, Dr. Afridi spent a year working for the non-profit organization, Interplast. As the Jerome P. Webster fellow, she was primarily performing cleft lip and palate repair as well as burn reconstruction for children in the developing world.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories - reconstructive surgery and cosmetic surgery. A plastic surgeon's primary responsibility is performing surgical and non-surgical procedures, and they use a variety of reparative and reconstructive techniques to get the job done.

Learn More about Dr. Nadia Afridi:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3186525-Nadia-Afridi-Plastic-Surgeon> or through her website, <https://www.nadiaafridi.com/about>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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