

Min Zhang, PT, L.Ac., Acupuncturist and Physical Therapist

Get to know Acupuncturist and Physical Therapist Min Zhang, who serves the population of California.

New York City, New York Mar 8, 2023 ([Issuewire.com](https://www.issuewire.com)) - Min is an acupuncturist and physical therapist currently practicing in California. She holds certification in both acupuncture and physical therapy.

Acupuncture involves the insertion of very thin needles through your skin at strategic points on your body. A key component of traditional Chinese medicine, acupuncture is most commonly used to treat pain. Increasingly, it is being used for overall wellness, including stress management.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A Chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Min Zhang:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/1509627-Min-Zhang-physical-therapist-Los-Angeles-CA-90040>

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