Megan Prevoznik, LMFT Joins Counseling Supervisor Team at Sun Point Wellness



Lancaster, Pennsylvania Mar 27, 2023 (Issuewire.com) - Couples and individuals looking for therapy and counseling services in Lancaster, PA will benefit from the mental health services at Sun Point Wellness Center, where they can find experienced counselors like Megan Prevoznik, LMFT. Megan is a highly qualified Licensed Marriage and Family Therapist with over 10 years of experience in the field. She has worked with individuals, couples, and families of all ages and backgrounds to help them find relief from their struggles.

Megan Prevoznik holds a Master's degree in Marriage and Family Therapy with advanced post-bac training from Council for Relationships. In addition to being a Marriage and Family Therapist, Megan also will serve as an LMFT Clinical Supervisor at Sun Point Counseling Center.

"When working with Megan at Sun Point Wellness Center, you can expect to receive individualized

attention and care," said Sun Point founder Laura Morse. "Megan is experienced in working with individuals, couples, and families of all ages and backgrounds."

Megan is passionate about helping people reach their goals and lead happier, more fulfilling lives. She believes in a holistic approach to therapy, focusing on the entire person rather than just one aspect of their life. She utilizes evidence-based techniques such as Emotionally-Focused Therapy (EFT), Cognitive-Behavioral Therapy (CBT) and solution-focused therapy to help her clients achieve their goals. She is a firm believer in the power of psychotherapy to help individuals and couples alike find their inner strength, improve their relationships, and live more fulfilling lives.

Megan spent the past several years in a private practice setting, as well as working in various clinical settings, and has a passion for helping people achieve their goals. She is excited to be joining the Sun Point Wellness Counseling team and looks forward to helping our clients reach their mental health goals.

"I am committed to providing a safe and supportive environment for my clients," said Megan. "I believe in creating an atmosphere of acceptance, understanding, and compassion and I am committed to helping people develop the tools and resources they need to reach their goals."

<u>Sun Point Wellness Center</u> is a counseling center located in Lancaster, PA. The center specializes in providing outpatient mental health services to individuals, couples, and families. The center offers a variety of services, including individual therapy, couples counseling, family therapy, group therapy, and workshops.

The center also offers support for those who are dealing with depression, LBGTQ issues, substance abuse, and relationship issues. They also can provide counseling services virtually online for those who are unable to attend in-person sessions.

For those in need of mental health services in Lancaster, PA, Megan Prevoznik LMFT at Sun Point Wellness Center is an excellent resource. Contact Megan today at https://www.SunPointWellness.com to start the journey to a happier and healthier life.

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www.sunpointwellness.com

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Source: Sun Point Wellness Center has a team of expert clinicians, compassionate therapists, and experienced counselors happy to provide premier counseling services to the Lancaster, PA community.

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