

Marie Mercado, PsyD, MS, a Psychologist with Brooklyn Integrative Psychological Services, PLLC

Get to know Psychologist Dr. Marie Mercado, who serves patients in Brooklyn, New York.



New York City, New York Mar 20, 2023 ([Issuewire.com](https://www.issuewire.com)) - A knowledgeable psychologist, Dr. Mercado is the Founder of Brooklyn Integrative Psychological Services, PLLC, based in Greenpoint, Brooklyn. She has worked with a wide range of populations, including LGBTQIA+, serious mental illness, autism spectrum disorders/neurodiversity, perinatal and student populations, as well as individuals with developmental disability/intellectual disability. She has also conducted couples and family services, and delivered in-home crisis services.

In her clinical role, she maintains a highly integrative psychotherapy style, combining traditional psychodynamic/psychoanalytic, cognitive behavioral (CBT), dialectical behavioral (DBT), and interpersonal/relational therapies. She has also received intensive training and/or certification in various evidence-based therapies, including Emotionally-Focused Therapy (EFT), Horneyan Therapy, Ericksonian Hypnosis, Mindfulness-based Stress Reduction, Schema Therapy, Trauma Art Narrative Therapy (TANT), Perinatal Mood and Anxiety Disorders, and Brief Solution-Focused Therapy.

Pertaining to her educational pursuits, Dr. Mercado earned her Bachelor of Science degree from Columbia University, before going on to attend Long Island University, where she received her Master's in Applied Psychology and her Doctor of Psychology degrees.

As a native New Yorker, she brings her own cultural background to her work, and is known for being completely non-judgmental and open-minded. She is also keen on merging evidence-based therapies with alternative "new-wave" therapies, such as the intersection of western neuropsychology and eastern philosophies.

Cultivating a comprehensive approach to improving her patients' overall health, Dr. Mercado takes into consideration their culture, identity, systems, environment, nutrition, pharmacology, current events, and physical health. Her personal interests and research focus on diverse and underrepresented populations, including those from creative or taboo subcultures, intersecting minority identities, and non-traditional lifestyles and identities.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving patients' quality of life.

Learn More about Dr. Marie Mercado:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/83145384-Marie-Mercado-Psychologist>, through Brooklyn Integrative Psychological Services, PLLC, <https://bkintegrative.com/staff/marie-mercado-psyd> or through her website, <https://drmariemercado.com/>

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