

Dr. Shigil Mathew Varghese on a Mission to Provide Access to Affordable, High-Quality Healthcare

Introducing Dr. Shigil Mathew Varghese: The Compassionate Consultant Physician and Diabetologist Making Healthcare More Affordable and Accessible for All.



Pathanamthitta, Kerala Mar 30, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Shigil Mathew Varghese is a consultant physician and diabetologist with a practise in Kerala who is devoted to providing his patients with the best possible treatment that is also the most cost-effective and cutting-edge. He is one of Kerala's most sought-after medical specialists due to his rapid decision-making, increased activity, high level of skill,

and laser-like focus on his goal.

With more than 8 years of experience, Dr. Shigil is a specialist in offering primary and continuous medical treatment of the highest calibre and comprehensiveness. He is well regarded for making diagnoses of ailments, illnesses, injuries, treatments, and referrals to the proper super experts in medicine. His ability to comprehend various treatment approaches with ease sets him apart from the competition.

The M.E.S. Indian School of Doha and Qatar is where Dr. Shigil Mathew received his education. He earned his M.B.B.S. in Medicine and Surgery, a prestigious undergraduate degree, from the renowned Sri Siddhartha Medical College in Tumkur, Karnataka, India. Throughout his internship, he worked as a house surgeon at Sri Siddhartha Medical College and General Hospital in Ernakulam, Kerala, India. He completed his post-graduate studies at the Vinayaka Missions Medical College and Hospital in Karaikal, Pondicherry, India, earning his Doctor of Medicine (M.D.) in general medicine.

Dr. Shigil has continuously displayed his administrative proficiency, critical thinking skills, and capacity to make the best choice under pressure. He has a genuine enthusiasm for medical excellence. He has always been at the forefront of offering his patients the most cutting-edge medical care, whether it be through existing treatments, more recent developing treatments, or upcoming treatment methods.

Dr. Shigil's path from earning his degree to working in various medical facilities has not been a bed of roses. He faced numerous challenges, restrictions, limitations, and setbacks throughout the various phases. But it wasn't until his family started St. George Healthcare in Kozhencherry, Pathanamthitta, that he realised all of his sacrifices, efforts, and family support had paid off. In recent years, they collaborated with PSN Charitable and Educational Trust to take over the administration and management of Sree Ayyappa Medical College and Research Foundation, an upcoming medical college situated in Vadasserikkara, Pathanamthitta, Kerala, India; where through his dedication and hardwork as the administrator and Medical Director helped to transform the medical college hospital into a state of the art, cutting-edge hospital with a mission to deliver budget-friendly yet best-quality healthcare solutions to the patients.

Dr. Shigil and his family intend to open a medical college for 150 MBBS students in the following academic year as a sign of their dedication to delivering affordable healthcare. Once the whole NMC inspection procedure has been completed, they will do so. The major reason for founding this medical facility was to provide affordable, cutting-edge, and top-notch healthcare options to grieving families, pilgrims to Sabrimala, and the larger rural population in the region. In a close chat, he said, "With this continuous work, we aim to discover a means to spread the message and help multitudes through this project.

Dr. Shigil Mathew Varghese also holds the responsibility as the medical director of St. George Healthcare, St. George Speech and Audiology, and St. George Dialysis Centre. He firmly believes that everyone deserves access to high-quality medical treatment, regardless of their financial situation.

Along with being a skilled physician, Dr. Shigil is dedicated to teaching and encouraging his patients to take charge of their own health. He is certain that people may live better, happier lives if they are given the information and resources they need to take control of their own health. To this purpose, he frequently holds health camps and awareness campaigns in Kerala's rural districts to encourage health literacy and illness avoidance.

Beyond his medical practice, Dr. Shigil is dedicated to providing quality healthcare at an accessible price. He is active in various charity efforts aiming at promoting the health and well-being of the impoverished. He is a member of various humanitarian organizations, and routinely participates in their

activities to offer medical treatment and support to the poor. Patients from low-income backgrounds can also receive free medical advice and care from him.

Dr. Shigil is a family guy who enjoys spending time with his wife and daughter in addition to his professional accomplishments. He is a devoted sports fan and spends his leisure time watching football. Dr. Shigil is still dedicated to his goal of giving everyone access to high-quality healthcare that is both accessible and cutting-edge. He thinks he can improve the lives of his patients and their families by utilising the most advanced medical knowledge and technology. His goal is to build a top-notch medical institution in Kerala that provides all types of patients with complete medical care.

In conclusion, Dr. Shigil Mathew Varghese is a highly competent and devoted consulting physician and diabetologist who is dedicated to offering his patients the best possible healthcare that is both accessible and cutting-edge. He is revered and recognised in Kerala's medical community because of his dedication to community service, charity, and healthcare. His continued efforts to provide patients with the information and resources they need to manage their own health, as well as his dedication to giving the poor access to inexpensive healthcare, are evidence of his unshakable commitment to his goal.

Please visit www.shigilmathew.com or www.drshigilmathewvarghese.whitecoats.com for more details about him.

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