

Cherry Ambrose, PsyD, a Psychotherapist with Ambrose Family Health Consultants, LLC

Get to know Psychotherapist Dr. Cherry Ambrose, who serves patients in Colorado Springs, Colorado.

New York City, New York Mar 23, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Ambrose, a licensed psychotherapist, is the Director & Owner of Ambrose Family Health Consultants, LLC in Colorado Springs, Colorado.

Among her many responsibilities, part of her job is to oversee and evaluate new clients, delegate to those volunteers working with her, make house calls/hospital calls, do speaking engagements, direct and advice with options offered, as well as provide assignments for clients to easily follow and understand for improvement or for positive change and encouragement.

Pertaining to her educational background, Dr. Ambrose holds a Bachelor of Arts degree in Psychology and Behavioral Health, a Master of Science degree, and a Doctor of Psychology degree from Southern California University.

With over three decades of experience with family crises and health issues, she served as a residential counselor at Pikes Peak Mental Health from January 1986 until October of 1988.

Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. Psychotherapists work with clients who are affected by difficulties such as depression, phobias, stress, anxiety, emotional and relationship problems, physical or psychosomatic disorders, and behavioral problems.

A published author, Dr. Ambrose has written an insightful book titled “Parenting Champions: Amazing Ways to Resolve Conflict for Adults, Babies, Toddlers, Teens, Seniors & Animals.”

Learn More about Dr. Cherry Ambrose:

Through her findatopdoc profile,
<https://findatopdoc.com/doctor/85018452-Cherry-Ambrose-Psychologist>

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Source : Cherry Ambrose, PsyD

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