

Yogita Tailor, DO, a Physiatrist with Pelvic Rehabilitation Medicine

Get to know Physiatrist Dr. Yogita Tailor, who serves patients in Georgia.



New York City, New York Feb 6, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Tailor is a trained physiatrist with Pelvic Rehabilitation Medicine, operating out of the office in Atlanta, Georgia. She has also offered her services as a staff physician in physical medicine and rehabilitation at the Atlanta VA Hospital since 2013.

With an extensive background in treating disorders affecting the pelvic floor, Dr. Tailor understands how

pelvic dysfunction can lead to corollary symptoms such as back and hip pain. She values a comprehensive, multi-disciplinary approach to pain treatment that incorporates everything from modern medical technology to recommended lifestyle changes to treat all facets of chronic pain and improve her patients' quality of life. She has seen how often pelvic issues go ignored and undiagnosed, and how this lack of understanding can cause emotional distress as well as worsening physical problems. She aims to bridge this gap in understanding to bring her patients' concrete results and genuine relief.

Improving function and quality of life, Dr. Taylor strives to develop personal relations with patients so that there is mutual trust that the approach can help them heal. She also hopes to make a difference in her community in Atlanta, where she feels that pelvic pain patients are often underserved.

"When treating chronic pain, empathy is so important. That means fully listening to patients, learning their goals, expectations, and concerns, and using every tool available to treat them as a whole. So many things can affect the way our bodies work, including diet, exercise, and sleep" she stated.

After receiving her undergraduate diploma from the University of Maryland: Baltimore County, Dr. Taylor completed her medical education at the Rowan University School of Osteopathic Medicine. She performed her internship at Christiana Care Health Systems in Newark, Delaware, and then her residency in physical medicine and rehabilitation at Sinai Hospital of Baltimore-University of Maryland.

Thereafter, Dr. Taylor was on the faculty as an Assistant Professor of Rehabilitation Medicine at Emory University, where she practiced for seven years before beginning with Pelvic Rehabilitation Medicine's Atlanta office in the summer of 2020.

Skilled in the treatment of pelvic dysfunction and resulting pain disorders, she is a Diplomate of the American Board of Physical Medicine and Rehabilitation (ABPMR). The ABPMR was established in 1947 as the certifying body for the field of physical medicine and rehabilitation under the American Board of Medical Specialties.

Having been drawn to medicine since childhood, Dr. Taylor has always really enjoyed the opportunity to help people on a one-on-one basis. Being able to make a difference in someone else's life motivates and inspires her.

Throughout her time as a physical medicine and rehabilitation doctor, she has seen how central the pelvis is to so many pain conditions and how often people can struggle with getting bounced from doctor to doctor without finding relief for their pelvic pain issues, which are far too often ignored considering the pelvic region's importance to the anatomy.

"Nothing's more satisfying than when a patient starts to see concrete results. I love seeing my patients begin to move along the path to better health and function" expressed Dr. Taylor.

Physical Medicine and Rehabilitation, also known as physiatry and physiatrics, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

Among her philanthropic work, Dr. Taylor is currently on the Board of Directors for Side By Side Brain Injury Clubhouse, a nonprofit which helps people with traumatic brain injuries regain function and return to normalcy.

Outside of her medical practice, she enjoys practicing yoga, cooking, traveling, watching movies, as well as spending time with her husband and children.

Learn more about Dr. Yogita Tailor:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/202983-Yogita-Tailor-Physiatrist-Physical-Medicine> or through Pelvic Rehabilitation Medicine, <https://www.pelvicrehabilitation.com/team/yogita-tailor-do/>

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