

Yehudit Iglesia, DAOM, an Acupuncturist with Holistic Health Care Miami

Get to know Acupuncturist Dr. Yehudit Iglesia, who serves patients in Aventura, Florida.



New York City, New York Feb 23, 2023 ([Issuewire.com](https://www.issuewire.com)) - A licensed acupuncturist in the State of Florida, Dr. Iglesia is the Owner of Holistic Health Care Miami, located in Aventura, Florida. She is committed to providing high-quality healthcare solutions for all patients, including those with special needs. The center offers a variety of treatments for different conditions such as chronic pain, arthritis, cancer treatment, weight loss, diabetes management, and more.

With her extensive knowledge of acupuncture and Chinese herbs, she is able to provide her patients with holistic treatments that address their physical, emotional, and mental well-being. By focusing on bringing her patients into balance, she helps them maintain a state of optimal health and prevent future illnesses. Her treatments are tailored to each patient's unique needs and may include acupuncture, Chinese herbs, dietary and lifestyle counseling, and other holistic approaches.

Before embarking on her professional journey, Dr. Iglesia received her Master's degree in Psychology from Albizu University - Miami Campus in 2005, and her Master's degree in Acupuncture and Oriental Medicine from the Acupuncture and Massage College in 2008. She graduated with her Doctor of Acupuncture and Oriental Medicine degree from the Atlantic Institute of Oriental Medicine, and is certified by the National Certification Commission for Acupuncture and Oriental Medicine.

As a firm believer in the integration of all aspects of health, she emphasizes the importance of a healthy environment, psychological well-being, and a plant-based diet, exercise, and rest. She recognizes that true health is more than just the absence of disease and strives to help her patients achieve a state of optimal health and wellness in all areas of their lives.

With her compassionate and patient-centered approach, Dr. Iglesia has helped countless patients achieve their health goals and live a more balanced and fulfilling life. Her dedication to holistic health and well-being makes her a trusted and respected practitioner in the field of acupuncture and oriental medicine.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body often with electro-stimulation which gently increases blood circulation, stimulates the nervous system, and reduces inflammation. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

Learn More about Dr. Yehudit Iglesia:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1649428-Yehudit-Iglesia-Acupuncturist>, or through Holistic Health Care Miami, <https://holistichealthcaremiami.com/>

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