

Taste the Sea at SolMar's Seafood Festival in Newark, Ironbound

An event that celebrates the best seafood and fish dishes from all regions of Portugal



Newark, New Jersey Feb 27, 2023 ([Issuewire.com](https://www.issuewire.com)) - [Sol Mar Restaurant](#) is inviting you to embark on a gastronomic journey to Portugal. **The SolMar Seafood Festival** is the perfect opportunity for you to experience the best seafood dishes from Portugal in Newark, New Jersey. From March 24-26, we are proud to bring some of the best seafood dishes in one place. A culinary experience you won't forget and that will make your mouth water.

The SolMar Seafood Festival is a celebration of the recognition of the best seafood restaurant in New Jersey. And this is an exciting event that will bring together local delicacies like Goose Barnacles “*Percebes*”, Stone Crabs “*Sapateiras*”, and Tiger Prawns to more exotic catches like Sea Bass and Grouper.

Portugal is known for its unique national dish – Salted Cod “*Bacalhau*”, and it has been a staple of Portuguese cuisine for centuries. Diners will be able to taste our menu classics like “*Bacalhau à Brás*”, made from shreds of salted cod, onions, and thinly chopped fried potatoes, all bound with scrambled eggs; or “*Bacalhau com Natas*” - baked in the oven layered with onions, diced fried potatoes and double cream.

At the festival, visitors will enjoy a range of more exotic offerings such as Velvet Crabs “*Navalheiras*”, Cockles “*Berbigão*”, Spider Crabs “*Lapas*”, Jumbo Shrimp, Prawns, Clams and the tasteful Portuguese Octopus. Also, Sardines, Horse Mackerel, Grouper, Sea Bass, Black Sword Fish, and Halibut, among others. Each dish will be prepared with fresh ingredients and cooked to perfection for an unforgettable culinary experience.

When it comes to seafood and fish, Portuguese wines are a perfect match. *Vinho Verde* and *Alvarinho* are two of the most popular Portuguese wines that pair well with seafood and fish dishes. With light flavors, they have a fresh, crisp taste. Their bright acidity and light aroma will make our seafood festival stand out.

This festival will provide a unique opportunity for food lovers to sample the best seafood dishes that Portugal has to offer. Not only will they be able to savor the flavors of each region but also learn about their distinct culinary traditions. **The SolMar Seafood Festival** will be a great way to explore Portuguese cuisine and discover what makes it so special! Come join us and experience the true taste of Portugal!

What: SolMar Seafood Festival

When: March 24,25 and 26 of 2023

Where: SolMar Restaurant

267 Ferry Street, Newark, NJ 07105 Tel. (973) 344-3041

More information about Sol Mar Restaurant, including full menus, can be found at <https://solmar-restaurant.com/>.

ABOUT SOL MAR RESTAURANT

Sol Mar Restaurant, located in the famous Ironbound neighborhood, has been New Jersey's premier family-owned Portuguese and Mediterranean seafood eatery since its establishment in 1969.



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