

Reuben Chen, MD, a Physiatrist with Health Atlast

Get to know Physiatrist Dr. Reuben Chen, who serves patients in Fort Worth, Texas.



New York City, New York Feb 9, 2023 ([IssueWire.com](https://www.issuewire.com)) - Personifying a holistic approach to health, Dr. Chen is a board-certified physiatrist with an emphasis on sports medicine and pain management. He is in practice with Health Atlast, operating out of the office in Fort Worth, Texas.

Some of the modalities that he uses to manage pain and heal the body include acupuncture, herbal medicine, prolotherapy, and platelet-rich plasma.

Health Atlast is a revolutionary medical practice and the world's first multidisciplinary healthcare franchise. It provides a comprehensive approach to health care that draws on the expertise of practitioners from a number of medical fields, including board-certified medical doctors, doctors of osteopathy, chiropractors, acupuncturists, massage therapists, nutritionists, and exercise therapists. The eclectic mix of practitioners at Health Atlast work together as one to provide synergistic care that increases the effectiveness of their patients' therapy.

Before embarking on his professional journey, Dr. Chen earned his medical degree from the University of California, Irvine School of Medicine. During his time in medical school, he traveled abroad to Taiwan to the Kaohsiung University Chinese Medicine Department to study Chinese medicine and became one of the few physicians in the Fort Worth area who is also certified in acupuncture.

Since then, he has continued his interest in integrative medicine and has received Chinese Medicine and Acupuncture training at UCLA and the University of Minnesota, to name a few.

With this unique background, Dr. Chen prides himself on bringing a more holistic approach to pain management, focusing on regenerative medicine and assisting the body to heal itself.

A Fellow of the American Academy of Physical Medicine and Rehabilitation, he is board-certified in physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation (PM&R).

Since January 2021, Dr. Chen has been a member of the Board of Directors at Sunrider International. A fitness and nutrition visionary, he is the creator of the SunFit321 and Fitness Brigade programs, and plays an active role in the research and development of groundbreaking products.

Since December 2012, he has also been affiliated with Torrance Memorial Medical Center.

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

Among Dr. Chen's various accolades include the Patients' Choice Award (2016), On-Time Doctor Award (2016), and Compassionate Doctor Recognition (2016).

On a more personal note, he is fluent in Mandarin Chinese and is a black belt in TaeKwonDo and Judo.

Learn More about Dr. Reuben Chen:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3569023-Reuben-Chen-Physiatrist-Physical-Medicine> or through Health Atlas, <https://www.healthatlastclinics.com/provider/reuben-chen-md>

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