

Paul Kiritsis, PsyD, MScMed, a Psychologist with The DRPK Clinic

Get to know Psychologist Dr. Paul Kiritsis, who serves patients in California.



New York City, New York Feb 15, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Kiritsis is a board-certified clinical psychologist, certified clinical hypnotherapist, researcher, artist, award-winning poet, and short story writer.

Practicing in Redwood City, California at The DRPK Clinic, his practice areas include neuropsychological evaluation, comprehensive neurocognitive profiling, adult and young adult psychotherapy, cognitive rehabilitation, clinical hypnosis, and psychophysical testing.

“For me, being a multidisciplinary clinician is of paramount importance as it allows me to serve my patients’ multiple needs and address their diagnostic and prognostic questions in an integral manner. I am passionate about lifelong education in health care, and I am voluminously invested in best practices and the best possible outcome for all my patients” he stated.

Perpetually faithful to the scientist-practitioner model, Dr. Kiritsis envisions the trajectory of his career as one that amalgamates assessment, clinical practice, and research. He is complimenting his education and experience in psychology/neuropsychology with formal education and training in neurology, neurologic assessment, and select neurodiagnostic techniques (i.e., EEGs, EMGs, EVs, and so forth).

Considering himself eclectic, integrative, and transtheoretical when it comes to therapeutic style, Dr. Kiritsis draws upon techniques from the psychodynamic, humanistic-existential, and transpersonal traditions as well as evidence-based behavioral therapies like ACT, CBT, and DBT. He believes illumination and cultivation of personal strengths, trust in the process, and self-discovery to be fundamental aspects of efficacious psychotherapy. He is also trained in clinical hypnosis.

Educated in the United States, Dr. Kiritsis earned his Doctor of Psychology degree from Sofia University (formerly known as the Institute of Transpersonal Psychology) in 2018. He then went on to earn his Master of Science in Medicine degree from the University of Sydney in 2022, where his areas of emphasis were clinical neurophysiology, clinical epidemiology, clinical neurology, and ethical/professional practice.

He has eight years of clinical and psychological assessment experience with heterogeneous clinical populations and has worked in numerous healthcare settings (i.e., community healthcare centers, inpatient psychiatric hospitals, university clinics, etc.) His postdoctoral fellowship at the Community Institute for Psychotherapy (CIP) involved working with individuals diagnosed with neurodevelopmental, neuropsychiatric, and organic illnesses. As a predoctoral intern, Dr. Kiritsis assessed and counseled middle schoolers with behavioral issues at Davidson Middle School and members of the geriatric population suffering from neurodegenerative conditions at Skyview Bay Club in San Rafael. During his year-long inpatient residency at El Camino Hospital in Mountain View, he led groups and conducted individual therapy for inpatients amidst the throes of psychotic decompensation.

Half of his postdoctoral internship and predoctoral fellowship involved psychological and neuropsychological assessment, liaison work, and outreach services. The other half was individual psychotherapy work with SMI patients diagnosed with bipolar disorder, schizoaffective disorder, schizophrenia, PTSD, anxiety and/or depressive disorders, and various personality disorders.

Currently, Dr. Kiritsis is employed with Attentive Cognitive Mental Health (ACMH) which renders psychotherapy, crisis, and capacity assessment services to members of the community that are traditionally underserved (i.e., geriatric residents of skilled nursing facilities). He is also the resident

clinical psychologist for Vale Healthcare Center in San Pablo, California; Windsor Gardens Care Center of Hayward; Peninsula Post-Acute in Burlingame, California; and Brookside Skilled Nursing Hospital in San Mateo.

A Diplomate of the California Board of Psychology, Dr. Kiritsis is completing post-licensure requirements for board certification as a clinical neuropsychologist with Fielding Graduate University in Santa Barbara, California.

His volunteer and service work in clinical psychology has encompassed endeavors that are disparate and heterogenous in scope and subject; from offering psychoeducation and counseling to US war veterans suffering from PTSD, anxiety, and depression via Sponsor a Vet for Life (a non-profit organization based in Wharton, New Jersey), to teaching quantitative research methods, neuropsychology, psychopharmacology, and clinical psychology to graduate students in the guise of adjunct professor, to serving as a psychometrician/evaluator for the Tests of Dyslexia (TOD) standardization study sponsored by Western Psychological Services (WPS).

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

Among his professional recognitions and honors, Dr. Kiritsis was elected for inclusion in the 2023 Doctors' edition of the Best of California Magazine for excellence in medicine.

To date, he has authored seven books, including the forthcoming short story collection *Tales of a Spiritual Sun* (2023) which rewrites the Greek myths like never before. He is the recipient of twenty book/literary awards, including the Paracelsus Award by the Alchemy Guild. More recently, he won a Reader Views Reviewer's Choice Silver Award in the category of Societal Issues for *The Creative Advantages of Schizophrenia* (2019), a Pacific Book Award for the same book in the category of Best Psychology Book, as well as a Best Books Finalist Award at American Book Fest for *A Critical Investigation into Precognitive Dreams: Dreamscaping without My Timekeeper* (2020) in the category of Science.

On a more personal note, Dr. Kiritsis is fluent in English and Greek.

Learn More about Dr. Paul Kiritsis:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83415933-Paul-Kiritsis-Psychologist> or through The DRPK Clinic, <https://www.drpk.net/about>

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