

Maria Lahti, MD, an Interventional Cardiologist with Ascension Medical Group Sacred Heart

Get to know Interventional Cardiologist Dr. Maria Lahti, who serves patients in Miramar Beach, Florida.



New York City, New York Feb 23, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Lahti is an experienced interventional

cardiologist with a wealth of expertise in heart catheterization and minimally invasive heart care. She is based at Ascension Medical Group Sacred Heart, situated in the beautiful city of Miramar Beach, Florida, located between Destin and Sandestin. She is a caring and compassionate physician who places great importance on listening to her patients and understanding their individual health concerns.

At Ascension, she works with a team of multidisciplinary cardiologists to develop personalized care plans for her patients. Her specialties include interventional cardiology procedures aimed at restoring blood flow to the heart and preventing heart attacks and strokes. She has a particular interest in coronary heart disease, heart disease in women, heart failure, heart rhythm disorders, and the prevention of coronary heart disease.

Throughout her academic career, Dr. Lahti graduated with her medical degree from the Uniformed Services University of the Health Sciences School of Medicine in 2000. She then went on to complete her internship and residency in internal medicine at the Keesler Medical Center in 2003. Finally, she completed her fellowship in cardiovascular disease at the San Antonio Uniformed Services Health Education Consortium in 2006.

Subsequent to his education, the doctor attained board certification in cardiovascular disease and internal medicine through the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards of care in a rapidly changing healthcare environment.

Prior to joining Ascension, Dr. Lahti spent 27 years serving in the United States Air Force, retiring at the rank of Colonel. Her distinguished military career has given her invaluable experience and expertise in treating heart conditions in high-stress environments.

Cardiology is a branch of medicine that deals with the disorders of the heart, as well as some parts of the circulatory system. The field includes medical diagnosis and treatment of congenital heart defects, coronary artery disease, heart failure, valvular heart disease, and electrophysiology. Cardiologists are doctors who diagnose, assess, and treat patients with diseases and defects of the heart and blood vessels (the cardiovascular system).

Outside of work, Dr. Lahti enjoys spending time with her husband and three teenagers, as well as participating in outdoor activities and enjoying nature. She also has a passion for music, having previously worked as a professional musician.

Learn More about Dr. Maria Lahti:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/726135-Maria-Lahti-Cardiologist>, or through Ascension Medical Group Sacred Heart, <https://healthcare.ascension.org/doctors/1689735946/maria-renee-lahti-miramar-beach-fl>

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