

## **5 Principles Miriam's Earthen Cookware follows to produce the safest cookware in the world**

Miriam's Earthen Cookware – a US-based company known for making the safest cookware stands on 5 principles that help them maintain their quality and health value. Explore what these are and how they help MEC make the healthiest cookware.



**Dedham, Massachusetts Feb 2, 2023 ([Issuewire.com](https://www.Issuewire.com))** - Miriam's Earthen Cookware (MEC) is committed to producing the [safest and most non-toxic cookware](#) in the world. The company is on a mission to provide pure, healthy, and fully non-toxic cookware to the world. But how do they achieve this goal of making cookware that establishes the quality and purity they desire? MEC developed five principles to follow since the beginning of the brand. These principles are a MUST to ensure that Miriams cookware is of the highest quality and safety.

### **Principle #1: Choose only inert material**

The first principle that Miriams follows is to use only inert material. Inert material refers to a substance that does not react chemically with other substances. This is crucial when it comes to cookware because it guarantees that the cookware does not release any harmful chemicals or toxins into the food being cooked. MEC chooses to use only *primary clay*. Why is that? Because it is a naturally inert material, the only safe option for cookware.

### **Principle #2: Source the purest clay**

MEC is committed to using only the purest form of clay, *primary clay*, for its cookware. But what is primary clay and how does that differ from secondary and tertiary clay commonly used by other [cookware makers](#)? Primary clay is a natural, unprocessed form of clay that is extracted directly from the earth. Unlike secondary and tertiary clay, it doesn't contain impurities and has not been subjected to any chemical treatments or additives. This makes it the purest form of clay available and the ideal choice for cookware because of its natural inertness.

In addition to choosing primary clay, MEC also carefully selects the location where the clay is sourced. The clay is taken from primary clay deposits that have not been used for any industrial or farming purposes.

Additionally, MEC only selects secluded locations miles away from industry and pollution sources. Then, once the location is selected, the clay is carefully extracted by removing 20 feet of topsoil and digging down to below that level to ensure that only the purest clay is used. Even after all these measures are taken to ensure the purity and quality of the clay, MEC takes the added step to have the clay at the site [tested](#) by a reputable state lab to ensure its purity.

### **Principle #3: Do not use ANY additives, chemicals, or glazes**

MEC does not use additives, chemicals, or glazes in its cookware! This is critical to ensure that the cookware is completely non-toxic and safe to use. Did you know that conventional cookware materials often contain chemicals, heavy metals, and other toxins harmful to our health? MEC believes that the best way to ensure the [safety of their cookware](#) is to keep it simple and pure.

### **Principle #4: Handmaking is non-negotiable**

MEC is adamant about handmaking its cookware. Why, you may wonder, in this age of advanced technology? This is because handmaking the need to use chemicals that would be required if a

mechanical process was used. Handmaking their cookware, MEC ensures that it is completely non-toxic and safe to use.

### Principle #5: Make in the United States

MEC [makes its cookware](#) in the United States, which allows for direct and clear supervision of all processes from start to finish. This ensures that the quality of the cookware is the best it can be.

These principles establish a process to produce the [safest cookware](#) in the world and ensure its quality and purity. MEC believes in the quality of its products so much they provide a guarantee of quality. Not only that but with every purchase, they further [warranty their cookware](#), demonstrating their confidence in the safety and quality of their products.

Miriam's Earthen Cookware hand makes the [safest and non-toxic cookware](#) for customers around the world. By following these 5 principles, MEC is able to produce truly pure, healthy, and non-toxic cookware.

See for yourself what a difference using this cookware, made of the inert material pure clay, and with hand-made craftsmanship, can make in your cooking experience. We urge you to check out their [online store](#) and purchase MEC cookware today. Trust us, your taste buds and your health will thank you!



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