

Philippines, Life Coach Edu Baloja Launches a One-on-One Passion-Driven Life Coaching Session.



Metropolitan Manila Area, Philippines Jan 24, 2023 ([IssueWire.com](https://www.IssueWire.com)) - Philippines, Life Coach Edu Baloja, announces the launch of its one-on-one life coaching session. This allows everyone to have a quality coaching session to overcome roadblocks that prevent them from being their true selves and reaching their full potential and finishing their God-given purpose.

More information about Life Coach Edu Baloja is available at <https://facebook.com/LifeCoachEduBaloja>.

This one-on-one Coaching Session was launched to help people identify their goals, realize roadblocks, create a SMART action plan and discover their true purpose. The Life Coaching Service is initiated by Eduardo Baloja, a certified Life Skills and Self Discovery Coach at iHelp.

There are people who expire their life by choice because of the pressures in this life such as sadness or too much pain (emotionally), with their motivation and hope dipping down underneath the floor. And with the challenges brought about by the fast-moving society, more people are likely to feel expiring their own life.

Though, Life Coaching session in the Philippines is not something that anyone can consider unlike in the United States of America, it is still something that we can look forward to, especially in this era where Social Media is being utilized day and night by the majority of Filipinos.

Many Filipinos may feel stuck in life, and it is the best time to seek a Life Coach who can help them reprogram their mindset. Doing so allows a person to meet their true self, improve their well-being, and

accomplish their God-given purpose, regardless of the challenges they might face.

To help clients successfully fulfill their dream, Eduardo's service takes a Filipino approach to life coaching in a simple and awesome way. More specifically, it helps people thrive in the following aspects: time, money, freedom, health, relationships, career, business, and creative expression.

This Life-Coaching session is through a series of questions that will arrive at a realization that hereby identifies goals, realize roadblocks and create a SMART action plan. By doing so, they are able to explore different possibilities and pursue ever-bigger goals with actions that will work best.

Eduardo provides one-on-one Life Coaching sessions that will last around 30 minutes to 1 hour.

Life Coach, Edu Baloja's goal is to help people enjoy passion-led lives that are true to their soul's calling.

Baloja says: "Life can be messy and full of surprises. Our One-on-one Coaching program helps people realize their own potential and gives people the reprogrammed mindset they need to successfully reach whatever goal they set their mind to."

Further information about Life Coach Edu Baloja and its services is available at <https://facebook.com/LifeCoachEduBaloja>.

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