

NOW AVAILABLE!!! - Don't Miss the Launching of the Shattering the Stigma of Single Motherhood on January 10, 2023

RISE ABOVE ANY ADVERSITY - This book will help you succeed in improving your life in terms of financial independence, forgiveness, healing from within, protection, and ending generational cycles.



YOU ARE INVITED!

Shattering the Stigma of Single Motherhood is for mothers who want to overcome the hurdles of being single parents and are determined to rise above the challenges ahead of them.

Be inspired by the stories of Dr. Jillian Zambon of the Parent Project and 11 other powerful women across the US who believe that every mother can **RISE ABOVE ANY ADVERSITY**.

This book will help you succeed in improving your life in terms of financial independence, forgiveness, healing from within, protection, and ending generational cycles. Each chapter and word is written with the utmost sincerity and the hopes of uplifting you.

The Parent Project offers:

- Book co-authoring opportunities
- Transform Your Life conferences
- Staffing solutions for single moms and military spouses
- Staffing solutions for employers in IT, healthcare, pharmaceuticals, and life sciences
- Coaching for women who want to write their own books

We won't stop supporting and encouraging women to embrace their circumstances and make the most of their lives, despite the obstacles. This is just the beginning of our global movement.

When the only way to look was inward, she found the true power of her soul.

The book's mantra is "Shatter the Stigma."

Our goal is to help mothers be the best versions of themselves despite the unforgiving realities of society by ***Shattering the Stigma of Single Motherhood***.

This book is for women looking to embrace the life of a single mom, rather than be embarrassed or feel ashamed of it. Learning how to forgive and heal from the inside out, and overcome the challenges of raising a child on their own. Each reader of this book will come away with the tools and steps they need to provide themselves and their child with the best life possible.

The Parent Project was founded in 2022 by Dr. Jillian Zambon, as a platform for successful single moms to share their stories of motivation and strength with other single moms who have felt they could not speak out about their own stories. She is the host of the Transform Your Life conferences, held throughout the U.S., and soon to be global. Dr. Jill has been a speaker on stage with people like Dave Seymour of A&E's show Flipping Boston and was a star on the DocuSeries reality TV show The Blox, hosted by Wes Bergmann of MTV's Real World and The Challenge. Dr. Jill speaks at high visibility throughout the U.S. and will soon be expanding globally. She is the movement creator of #shatteringthestigma. The movement is intended to bring awareness and education around single parenting and how to embrace it and make the most of the situation.

[Inside are 12 strategies to help you embrace and own your life as a single mom. - Join Dr. Jillian Zambon and all the authors of Shattering the Stigma of Single Motherhood!](#)

Authors in the Book:

- Dr. Jillian Zambon
- Kati Hudson
- Kyla Biedermann
- Denise Hernandez
- Michele Meza
- Samantha A. Gregory
- Sara Schreiner
- Sarah Miller
- Jessica Marshall
- Krystal Casey
- Adrienne Kennie
- Cindy Witteman

If you are struggling with guilt, shame, trauma, anxiety, depression, fear, forgiveness, or anger, then this book is for you! [Inside are 12 strategies to help you embrace and own your life as a single mom.](#) You will learn:

- How to Create Financial Independence
- How to Forgive People Who Have Hurt You Most
- How to Heal Yourself From the Inside Out
- How to Protect Yourself From Becoming a Single Mom Again
- How to End Generational Cycles for You and Your Child
- And so much more!



Media Contact

She Rises Studios

info@sherisesstudios.com

702-601-2171

Source : Dr. Jillian Zambon - Shattering the Stigma of Single Motherhood

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