

Nooman Silat, MD, an Internist with Silat and Patel, PLLC

Get to know Internist Dr. Nooman Silat, who serves patients in Arlington, Texas.



New York City, New York Jan 17, 2023 ([IssueWire.com](https://www.issuewire.com)) - A well-versed internist, Dr. Silat sees patients at his private practice - Silat and Patel, PLLC - in Arlington, Texas. He is skilled at diagnosing and treating a very wide range of diseases and illnesses in adult patients.

Locally, he is affiliated with Texas Health Arlington Memorial, Water Tower Medical Center, Medical City Arlington, Methodist Mansfield Medical Center, and Methodist Charlton Medical Center.

A 2005 graduate of St. Matthew's University School of Medicine, Dr. Silat went on to perform his residency in internal medicine at Westchester Medical Center in 2009.

Subsequent to his education, he attained board certification in internal medicine through the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Among Dr. Silat's various accolades include Compassionate Doctor Recognition (2016, 2011, 2010), Patients' Choice Award (2018, 2011, 2010), and On-Time Doctor Award (2018, 2014).

Learn More about Dr. Nooman Silat:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1104410-Nooman-Silat-Internist>

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