

Kerin Orbe, DO, a Psychiatrist with Family Health Centers of San Diego

Get to know Psychiatrist Dr. Kerin Orbe, who serves patients in California.



New York City, New York Jan 25, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Orbe is a highly regarded psychiatrist & psychopharmacologist who is a part of Family Health Centers of San Diego in California (FHCSO).

Namely, she is the Assistant Medical Director of Specialty Services, which involves oversight of the Clozaril program, long-acting injectable clinic, and FHCSO's nurse practitioners. She has worked with patients of all ages but has a special interest in working with the elderly population.

For 50 years, the mission of FHCSO has been to provide caring, affordable, high-quality health care and supportive services to everyone, with a special commitment to uninsured, low-income, and medically underserved persons. It operates 72 sites across San Diego County, including 22 primary care clinics, 19 behavioral health facilities, eight dental clinics, four vision clinics, three mobile medical units, two mobile counseling centers, a physical rehabilitation department, a pharmacy, and an outpatient substance use treatment program to support services throughout San Diego County.

Throughout her academic career, Dr. Orbe graduated with her Doctor of Osteopathic Medicine degree from the New York Institute of Technology College of Osteopathic Medicine in 2008. She then went on to complete her residency in psychiatry at Westchester Medical Center.

Aided by her expertise, she is board-certified in adult psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is an organization that provides board certification to qualified Doctors who specialize in disorders of the nervous system (neurologists) and to qualified Doctors who specialize in the diagnosis and treatment of mental disorders (psychiatrists).

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

On a more personal note, Dr. Orbe is bilingual in English and Spanish.

Dr. Orbe focuses on delivering compassionate and supportive care, especially during a time when most people have been impacted by the Corona Virus Pandemic. With mental health issues on the rise, Dr. Orbe finds it imperative to remain hopeful and help patients tap into their resiliency. Her goal is to always widen her scope of practice by emphasizing the importance of diversity and inclusion which would mean helping patients of different backgrounds, and ages including but not limited to the LGBTQIA+ community.

Learn More about Dr. Kerin Orbe:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3197759-Kerin-Orbe-Psychiatrist>, or through Family Health Centers of San Diego, <https://www.fhcsd.org/medical-leadership/>

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