

Jordana Hollen, MD, a Psychiatrist with Bluestone Psychiatry, PLLC

Get to know Psychiatrist Dr. Jordana Hollen, who serves patients in Florida.



New York City, New York Jan 5, 2023 ([Issuewire.com](https://www.issuewire.com)) - A board-certified psychiatrist, Dr. Hollen tends to patients at Bluestone Psychiatry, PLLC in Sarasota, Florida. She is known for her personalized approach to treatment and her recognition that every patient is unique. She values a collaborative approach to care, believing that working with other providers can lead to the best treatment outcomes for her patients.

With a strong focus on outpatient psychiatric care for adults, Dr. Hollen has expertise in treating a range of mood and anxiety disorders, with a particular interest in women's health. Her clinical interests include major depressive disorder, generalized anxiety disorder, panic disorder, postpartum depression, bipolar disorder, and ADHD. In addition to her skills in psychopharmacology and psychotherapy, she is trained in Transcranial Magnetic Stimulation (TMS).

In regards to her educational background, Dr. Hollen obtained her Bachelor of Science degree in Psychology from the University of North Carolina at Chapel Hill, where she graduated with honors and was inducted into the Phi Beta Kappa Honor Society. She completed her residency in psychiatry at the University of Florida before returning to North Carolina to work in private practice and serve as a preceptor for the psychiatry programs at Wake Forest and Duke University. She later moved to Florida to work full-time as a staff psychiatrist and medical director at an outpatient psychiatric practice.

As a testament to her continued education, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Jordana Hollen:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3160799-Jordana-Hollen-Psychiatrist>, or through Bluestone Psychiatry, PLLC, <https://www.bluestonepsychiatry.health/jordana-hollen>

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