

Introducing Oak Milk: The Delicious, Sustainable Non-Dairy Milk Alternative



Santa Fe, New Mexico Jan 9, 2023 ([Issuewire.com](https://www.issuewire.com)) - The Oak Milk Company is pleased to announce the launch of Oak Milk, a unique and sustainable non-dairy milk alternative made from acorns. Acorns have been used as a food source for centuries, and we have harnessed their natural goodness to create a creamy, nutritious milk alternative that is perfect for those looking to reduce their dairy intake or follow a plant-based diet.

Oak Milk is packed full of nutrients, including vitamins and minerals such as iron and calcium. It has a subtle, nutty flavor that pairs well with coffee, cereal, and baking recipes.

Not only is Oak Milk delicious and good for you, but it is also good for the planet. Acorns are a readily available and sustainable resource, making Oak Milk a more environmentally friendly choice compared to traditional dairy milk. The nutritional value of acorns is high, and depending on the species, acorns can contain up to 18 percent fat, 6 percent protein, and 68 percent carbohydrate, with the remainder being water, minerals, and fiber.

Eating acorns was particularly important for many Native Americans living in California where oak trees were an abundant, reliable, naturally occurring resource. In fact, acorns were the staff of life for many of the indigenous people in California. Although the acorn is no longer the focus of daily life for Native Americans, they still gather, prepare and eat foods made from acorns at special gatherings and celebrations.

We are thrilled to offer Oak Milk as a tasty and responsible alternative to traditional dairy milk and encourage everyone to give it a try. Oak Milk is now available in select stores and online. Give it a taste and discover a new favorite milk alternative.

For more information, please visit our website at <https://acorn-milk.blogspot.com>

<https://www.youtube.com/watch?v=3vi-1s1Bjs4&t=4s>

Media Contact

The Oak Milk Company

oakmilk@googlegroups.com

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