

Dr. J Royster, LMHC in Florida and an LPC, a Licensed Professional in Virginia who is the CEO of Semper Motis LLC

Get to know Licensed Mental Health Counselor, Dr. Janell Royster, who serves patients in Virginia and Florida and resides in Mount Dora, Florida.



New York City, New York Jan 3, 2023 ([Issuewire.com](https://www.issuewire.com)) - A licensed professional counselor, Dr. Royster is the Owner & Operator of Semper Motis LLC in Mount Dora, Florida. Her goal using creative processes that she has been trained in, is to work with each client on their challenges and goals, in as little time as possible.

Utilizing a direct and compassionate approach, her areas of specialization include mental health counseling, crisis intervention, veteran & emergency first responder therapy, trauma recovery intervention protocol training, and solution-focused trauma therapy.

Educated in the United States, Dr. Royster graduated with her bachelor's degree and her Philosophical doctorate from the University of Phoenix and Argosy. She then went on to earn another Master's degree in Clinical Mental Health Counseling from Capella University, and is currently pursuing her Doctorate in Traumatology from Liberty University.

A certified practitioner of a myriad of modalities, her certifications include, but are not limited to: developer and practitioner of the TRIP Protocol 2021; RTM Protocol 2020; Reunification Therapy RT 2019; Rapid Resolution Clinical Hypnosis Therapy 2019; Cognitive Behavioral Therapy 2018; Rational Emotive Behavioral Therapy 2018; Reality Therapy 2017; Trauma-Focused Cognitive Behavioral Therapy 2016; and Dialectical Behavioral Therapy 2016. She combines them to create the most effective way to help others heal from trauma.

An Air Force veteran, Dr. Royster's focus is to serve those who served. She is the Clinical Director of the Liberty Organization for Veterans and Emergency Responders. She also serves on the Suicide Prevention Initiative as a committee member and treasurer on the Board of Virginia Clinical Counselors Alliance.

Passionate about helping people, including adolescents, adults, and seniors, she is a trauma expert serving over 500 clients using processes that assist them to resolve their symptoms of post-traumatic stress disorder. She enjoys finding solutions using therapeutic techniques and giving tools to provide clients with as many as they need to overcome their obstacles.

A licensed professional counselor is a licensure for mental health professionals in some countries. A licensed professional counselor is a master's degree-level mental health service provider, trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

Learn More about Janell Royster:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82242657-Janell-Royster-Counselor-Therapist> or through Semper Motis LLC, <https://sempermotisllc.com/>

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Source : Dr. J Royster, LMHC

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