

Akilah De Aza, MD, a Family Physician with De Aza Direct Primary Care

Get to know Family Physician Dr. Akilah De Aza, who serves patients in Oviedo, Florida.



New York City, New York Jan 23, 2023 ([IssueWire.com](https://www.IssueWire.com)) - Dr. De Aza, a board-certified family physician, is the Owner & Operator of De Aza Direct Primary Care in Oviedo, Florida. She always strives to provide exceptional service, inclusive support, up-to-date and evidence-based medical practices, as well as individualized preventive and primary care.

Patients' preferences and individual needs are at the forefront of her medical decision-making. Her approach relies on fostering a long-term relationship with each patient that is based on mutual trust as they collaborate to achieve individual health goals.

Some of the primary care services that Dr. De Aza offers include annual physical exams, pap smears, well-child exams (including sports physicals with EKG), unlimited sick visits, as well as chronic disease management (diabetes, hypertension, cholesterol, asthma, COPD, allergies, anxiety, depression, weight management, menopause, and low testosterone care).

Likewise, some of the procedures that she performs include joint injections (TMJ, knees, shoulders, sacroiliac, tennis elbow, carpal tunnel, hip - trochanteric bursitis, ganglion cyst drainage), trigger point injections, minor laceration repair, abscess incision & drainage, skin biopsies (except face), skin tag removal (except face), nexplanon placement/removal, and IUD removal. Other available tests include in-house EKG, urinalysis, and pregnancy tests.

Back in the early days of her academic career, Dr. De Aza graduated with her Bachelor of Science degree from Hampton University. She then went on to earn her medical degree from the Medical College of Georgia, after which she completed her residency in family medicine at the Mayo Clinic in Jacksonville, Florida.

With years of experience to her credit, the doctor is board-certified in family medicine by the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

Among her professional affiliations, Dr. De Aza is an active member of the American Academy of Family Physicians and the Central Florida Medical Community.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Every year in March, Dr. De Aza attends a 50-hour Primary Care Conference offered by Harvard University where she receives updated medical training, in addition to the continuing medical education credits required to maintain Family Medicine Board certification annually. She also has access to virtual consultations with board-certified specialists if seeing a specialist is not possible in a timely manner.

Happily married, Dr. De Aza has a wonderful husband and two beautiful, energetic children. She practiced Shotokan karate as a teenager and is currently learning Gracie Jiu-Jitsu from her husband. They love to travel, cook, bake, spend time outdoors, and visit Disney World.

Learn More about Dr. Akilah De Aza:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/751725-Akilah-De-Aza-Family-Practitioner>, or through De Aza Direct Primary Care, <https://www.deazadirectprimarycare.com/>

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