

Sparsh Global School organised Happython

Sparsh Global School organized Happython for young kids to promote sports culture and mindfulness; A step towards a healthy lifestyle



Greater Noida, Uttar Pradesh Dec 20, 2022 ([Issuewire.com](https://www.issuewire.com)) - After the grand success of Sparsh Fiesta and Sparsh Cinefest, [Sparsh Global School](https://www.sparshglobalschool.com), Greater Noida (West) hosted the biggest Happython for kids on 17th December 2022 at the School Grounds with an aim to create awareness of the school's sports culture, ethos, and mindfulness curriculum.

The Sparsh Happython was flagged off by the Indian International Cricketer Mr. Bhuvneshwar Kumar and former Indian Davis Cup Player Mr. Vishal Uppal and Mr. Amit Saxena, Vice President, Education of Sparsh Group and Ms. Monikka Randhawa, Principal. The event aimed at engaging kids in a positive, goal-driven program that challenges them to run, jog, walk or move over the course of activities and fun races. The school premise was meticulously and thematically designed for the event.

The strong enthusiastic participants showcased their abilities and were happily occupied during the event. The vibrant and joyful atmosphere of the Happython exhibited the commitment and vision of the Sparsh Global School towards a better India, Fit India.

Sparsh Global School believes regular exercise can improve kids' physical and mental health and boost their academic success. Early physical activity can set kids up for a lifetime of fitness. The main

highlights of the event were live Zumba, aerobics, fun races, face painting, Tug-O-War, and other exciting activities.

With the motto of Eat healthy, Stay Healthy children were served healthy snacks during the event. All participants received a sling bag, t-shirt, medal, and certificate of participation from Sparsh Global School as a token of encouragement.



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