

Shane Mehta, DO, an Orthopedic Surgeon with Duly Health and Care

Get to know Orthopedic Surgeon Dr. Shane Mehta, who serves patients in Illinois.



New York City, New York Dec 12, 2022 ([Issuewire.com](https://www.issuewire.com)) - As an orthopedic physician in orthopedic surgery, Dr. Mehta is trained to assess, diagnose, and treat sports-related injuries as well as chronic, degenerative, and traumatic injuries in patients of all ages. He is in practice with Duly Health and Care, operating out of the offices in Oak Lawn and Orland Hills, Illinois.

“I strive to provide my patients with the highest quality care tailored to their specific needs. In order to provide exceptional care, I start by making sure I understand the patient, their background, and what their goals are regarding future athletic and physical activity. The treatment options I offer are based on my experience working with professional, collegiate, high school, and recreational athletes of all ages. These treatment options are guided by evidence based medicine and include the latest and most innovative surgical techniques that have been shown to result in excellent outcomes. When patients leave my office, I want them to understand all their treatment options and feel confident they have made the best decision for their health and well-being” expressed the doctor.

His clinical interests include shoulder, hip, and knee injuries; sports medicine, shoulder stabilization, rotator cuff repair, ACL reconstruction, multiligamentous knee injuries, meniscus repair and transplant, knee cartilage repair and restoration, hip arthroscopy and labral repair, femoro-acetabular impingement, anatomic and reverse total shoulder replacement, anterior, and posterior total hip replacement, total knee replacement, as well as complex and simple fracture care.

Having studied in the United States, Dr. Mehta graduated with his Doctor of Osteopathic Medicine degree from Midwestern University Chicago College of Osteopathic Medicine, in the top 5% of his class. He then went on to perform his residency in orthopedic surgery at Midwestern University/ Franciscan Health, and his fellowship in orthopedic sports medicine at Washington University in St. Louis.

Healing the body, he is board-certified in orthopedic surgery by the American Osteopathic Board of Orthopedic Surgery (AOBOS). The AOBOS is an organization that provides board certification to qualified Doctors of Osteopathic Medicine who specialize in the medical and surgical treatment of disorders of the musculoskeletal system.

Passionate about his profession, Dr. Mehta is an active member of the American Academy of Orthopedic Surgeons, the American Orthopedic Society for Sports Medicine, the Arthroscopy Association of North America, and the American Osteopathic Academy of Orthopedics.

He has spent time working as a team physician at the high school, collegiate, and professional levels, including Lemont High School (2022 - present). In addition, he is actively involved in teaching and lecturing residents on the most up-to-date orthopedic surgical techniques and procedures.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Outside of the office, Dr. Mehta enjoys spending time with his family, golfing, playing basketball, lifting weights, skiing, and traveling. His favorite professional publications are the Journal of the American Academy of Orthopedic Surgeons, the Journal of Bone and Joint Surgery, Arthroscopy, and the American Journal of Sports Medicine.

Learn More about Dr. Shane Mehta:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85017442-Shane-Mehta-Orthopedist>, or through Duly Health and Care, <https://www.dulyhealthandcare.com/physicians/shane-mehta-do>

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