

Rudolph Eberwein, MD, an Internist with A New You Weight Loss and Rejuvenation Center & Medical Health Institute

Get to know Internist Dr. Rudolph Eberwein, who serves patients in Florida.



New York City, New York Dec 28, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Eberwein, an internal medicine and age management specialist, is the Founder & Medical Director of A New You Weight Loss and Rejuvenation Center in Miami, Florida. He is also the Medical Director of Medical Health Institute, a therapeutic and optimization wellness practice in Miami, Florida, with plans to expand to other cities.

Since 2005, he has helped thousands of patients become healthier and helped prevent chronic debilitating diseases through his use of applied nutrition, behavioral modification, and hormone replacement. His areas of interest and expertise include nutrition, naturopathic medicine, age management, hormone deficiencies, and restorative medicine.

Educated in the United States, Dr. Eberwin did his undergraduate training at the University of Florida, earning a Bachelor of Science degree in Nutritional Science and Food Studies. He received his medical training from the University of Miami Miller School of Medicine and earned his medical degree in 1998. He then completed his internship and residency in internal medicine at Jackson Memorial Hospital in 2001.

That same year, he attained board certification in internal medicine through the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Also, Dr. Eberwin obtained board certification in age management medicine with AMMG (Age Management Medicine Group) and continues to thrive and learn more in the area of medical health science.

Working as a hospitalist at several major hospitals in South Florida and Virginia, he gained invaluable experience treating very sick patients in numerous departments. They included the Emergency Department, the Intensive Care Unit, and general medical wards. This demanding work gave Dr. Eberwein a strong insight and skill set to help him deal with his patients at their most vulnerable and difficult moments, and furthered his understanding of the evaluation and management of obesity.

In 2007, he became the Medical Director of a major Nursing Home in Miami. He has been treating and following a large number of patients with multiple medical issues including, but not limited to: andropause, menopause, somatopause, Alzheimer's disease, dementia, chronic degenerative diseases, cancer, poor quality of life scores, pain control, and end of life issues.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Happily married, Dr. Eberwein and his wife have beautiful twin daughters. He is an avid runner and always makes time for his hobbies which include exercising, weight training, playing racquetball, reading, traveling, and spending quality time with his family. He is an HRT patient himself and has dedicated his practice to perfecting the craft of monitoring and optimizing HRT patients.

He maintains very close ties with his home country of Haiti where he has volunteered at different orphanages and clinics with Project Medishare. He has received recognition for his charity work in the disaster relief efforts after the earthquake that devastated Haiti in 2010.

On a more personal note, he speaks several languages, including English, Creole, and French.

Learn More about Dr. Rudolph Eberwein:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2148989-Rudolph-Eberwein-Internist>, through A New You Weight Loss and Rejuvenation Center, <https://drweightlossmiami.com/about-us/> or through Medical Health Institute,

<https://www.medicalhealthinstitute.com/team/>

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