

Native American Recovery and Addiction Treatment Center Opens Up in Phoenix, AZ

Native American Recovery is located in Phoenix, AZ, and is a recovery program designed around Native American traditions and principles. They specialize in addiction, but also treat other mental health issues at their residential facility.



Phoenix, Arizona Dec 3, 2022 ([Issuewire.com](https://www.issuewire.com)) - Modern Evidence-Based Treatment Therapy + Native American Guiding principles and traditions are now available in Valley of the Sun.

The program is designed exclusively to treat the Native American population who are struggling with addiction and mental health issues.

They use many modern evidence-based therapies combined with principles derived from the Native American culture. Combined with scientifically proven methods to treat addiction while being guided by literature such as "The Red Road to Wellbreity: In the Native American Way" and "365 Days Of Walking The Red Road: The Native American Path to Leading a Spiritual Life Every Day."

Clients enjoy participating in the weekly Talking Circle and Sweat Lodge and also attend a clinic three times a week that specializes in teaching Native American practices to treat addiction. At the clinic, the clients have access to an onsite medical doctor, nurse, and mental health therapist.

"Using drugs or alcohol is just an addict's solution to ease their pain and suffering. Treat the pain and suffering and you treat the drug and alcohol use."

-Owner of Native American Recovery

The facility is located in beautiful and sunny Phoenix, AZ right at the base of Piestewa Mountain. Offering amazing views, sunsets, and nearby hiking trails.

All bedrooms are comfortable and welcoming with all the needed amenities and storage. Each room has a private tv so the clients can unwind, relax in their free time, and have some privacy.

They have a maximum capacity of 7 clients, meaning you get better and more individualized treatment.

The Owner and Founder of Native American Recovery Center said:

"I started this facility to provide the best possible alcohol and drug addiction treatment available with the

highest success rates possible. I want to help others just like me to recover from addiction. All of our staff here is in recovery themselves"

Going into treatment is a big step and most clients are nervous and don't know what to expect. Their staff is welcoming and accommodating.

Why is this treatment program important to the Native American Community?

Alcohol and drug abuse are tearing apart families and destroying countless lives as they wreak havoc through Native American Communities.

But there is hope, they can treat addiction. Although there is no cure for addiction, it can be treated and has been proven to increase success rates for recovery when culturally appropriate.

They use a holistic approach to their treatment program that restores the body, mind, and spirit of those struggling with addiction. The staff there says: "Walk the road to Wellbriety with us as one."

"Medications can help, but holistic mental health and addiction treatment is the gold standard for long-term recovery," said the Owner of Native American Recovery.

Depression, anxiety, bipolar, and OCD are also treatable disorders at Native American Recovery.

Depression, fear, and anxiety are some of the most common and uncomfortable emotions that someone can experience in their lives.

It's not uncommon for people struggling with addiction to also have co-occurring mental health problems like depression and anxiety. It is more likely than not that an addict or alcoholic also struggles with depression and anxiety,

Take away the drugs and alcohol, and a lot of times what is left is depression, low self-esteem, and anxiety.

Finally, they also treat trauma and PTSD.

The Native American Community has the highest rates of physical, emotional, and sexual abuse across the country.

Many alcoholics can experience symptoms associated with painful and traumatic circumstances, and they use alcohol to block out those feelings.

Anxiety, fear, and hopelessness are a few emotions that can linger after post-traumatic events and can exacerbate during active addiction.

Native American Recovery can help people overcome these symptoms and guide them through the process of grief and healing with their holistic approach to alcohol and mental health, and addiction.

Their facility is currently accepting new clients that are ready to recover.



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Source : Native American Recovery

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