

Get to know Sports Medicine Specialist Dr. Chukwuemeka Nnabuife, who serves patients in Cypress, Texas.

Chukwuemeka Nnabuife, MD, DO, a Sports Medicine Specialist with Cypress Family and Sports Medicine & HCA Houston Healthcare North Cypress



New York City, New York Dec 7, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Nnabuife is a primary care sports medicine specialist with a focus on family medicine and the management of common sports and non-sports-related injuries, in both young athletes and active adults of all ages.

Emphasizing a holistic approach to the treatment and care of his patients, he is in practice with Cypress Family and Sports Medicine. He also serves as an attending at HCA Houston Healthcare North

Cypress.

With a particular interest in the care of children and teenage athletes that have outgrown their traditional pediatrician and active adults, Dr. Nnabuife provides specialized care for sports injuries, concussion management, and orthopedic conditions. He has expertise in ultrasound-guided musculoskeletal injections for arthritic patients, and in platelet-rich plasma injections for chronic tendinopathies. He also manages acute and chronic medical conditions and preventive care.

Originally from Nigeria, Dr. Nnabuife attended the prestigious University of Nigeria College of Medicine, where he graduated with his medical degree. He also attended the New York Institute of Technology College of Osteopathic Medicine, graduating with a Doctor of Osteopathic and Manipulative Medicine degree.

Thereafter, he completed his residency training in family medicine and his fellowship training in primary care sports medicine at Houston Methodist Hospital, in Texas. While in fellowship, he provided on-field coverage for notable Universities in the Houston area, such as in women's soccer, men's and women's basketball, and coverage for various marathons and sporting events.

With more than 20 years of diverse medical experience, Dr. Nnabuife is dual board-certified in family medicine, Osteopathic Manipulative Medicine, and sports medicine by the American Osteopathic Board of Family Physicians and Family Medicine by the American Board of Family Medicine.

A member of the Gold Humanism Honor Society, Dr. Nnabuife is recognized by the American Osteopathic Association for his dedication and commitment to demonstrating excellence and the delivery of the highest quality of care to his patients.

Continuously advancing his efforts, he is an active member of the American Academy of Family Physicians, the American College of Osteopathic Family Physicians, the American Medical Society for Sports Medicine, the American Medical Association, the American Osteopathic Academy of Sports Medicine, and the Texas Academy of Family Physicians.

Sports medicine is the medical specialty concerned with the prevention, diagnosis, treatment, and rehabilitation of injuries due to athletic activity. Sports medicine specialists are either orthopedic surgeons or primary care physicians who prescribe treatments for professional and amateur athletes. They are trained to address issues associated with nutrition, sports psychology, and substance abuse. They may also counsel athletes on injury prevention.

Named a Top General Practitioner by America's Best Doctors in 2022, Dr. Nnabuife attributes his success to his upbringing, being originally from Nigeria and having always wanted to become a doctor, and also his faith in God. His parents helped support and push him to go after his dreams and instilled good beliefs in him.

In his spare time, he enjoys spending time with his family, traveling, painting, and going on medical missions.

Learn More about Dr. Chukwuemeka Nnabuife:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83122172-Chukwuemeka-Nnabuife-Sports-Medicine-Specialist> or through HCA Houston Healthcare, <https://hcahoustonhealthcare.com/physicians/profile/Dr-Chukwuemeka-Nnabuife-DO-MD>

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