## Elena Morreale, DC, DABCI, DACBN, a Chiropractor with Body Focus Innovative Health Care

Get to know Chiropractor Dr. Elena Morreale, who serves patients in Florida.



**New York City, New York Dec 30, 2022 (Issuewire.com)** - Dr. Morreale is a highly respected and sought-after physician in the field of bioenergetics, functional medicine, and regenerative medicine. With over 25 years of experience, she has established herself as a leader in the health industry, using bioenergetic fields to promote longevity, energy, mental clarity, and overall happiness. In addition, she does Regenerative Medicine including Platelet Rich Plasma and Human Cellular Tissue injections for joint pain and joint restoration. Dr. Morreale also does aesthetics including Platelet Rich Plasma facials and SkinPen Microneedling. She has also incorporated IV Therapy and Medical weight loss for a complete wellness approach to gain total health and vitality.

Based in Tampa, Florida, she has a diverse background in various holistic medicine practices, including regenerative medicine, bioenergetics, homeopathy, herbal medicine, nutritional supplementation, energy work, functional medicine, and emotional stress integration. At her practice, she combines chiropractic care, functional medicine, regenerative medicine, nutritional supplementation, bioenergetics, and homeopathy to provide a comprehensive approach to holistic health care. Her main goal is to identify the root cause of her patients' issues and create individualized treatment plans to help them heal and regain their health.

In addition to her extensive training and experience in holistic medicine, Dr. Morreale has a solid foundation in traditional medicine as well. She holds a Bachelor of Science degree in Medical Technology from the State University of New York at Buffalo, where she worked as a Medical Technologist at Mt. St. Mary's Hospital in Lewiston, New York from 1988-1993. In this role, she conducted laboratory and pathology analyses and made diagnoses based on blood, urine, stool, and body tissue samples.

Subsequently, she received her Doctor of Chiropractic degree from Palmer College of Chiropractic in Davenport, Iowa, graduating Magna Cum Laude. She has also received advanced certification in EAV/EDS training in bioenergetics, and has taken numerous postgraduate classes in holistic medicine practices such as homeopathy, herbals, nutritional supplementation, energy work, and emotional stress integration.

Passionate about her profession, the doctor is a Diplomate of the American Board of Chiropractic Internists (DABCI), and a Diplomate of the American Clinical Board of Nutrition (DACBN). Most recently, she became a certified NESHealth practitioner in bioenergetics in 2020.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

## **Learn More about Dr. Elena Morreale:**

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/1121915-Elena-Morreale-Chiropractor, or through Body Focus Innovative Health Care, https://drelenamorreale.com/about-us/

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