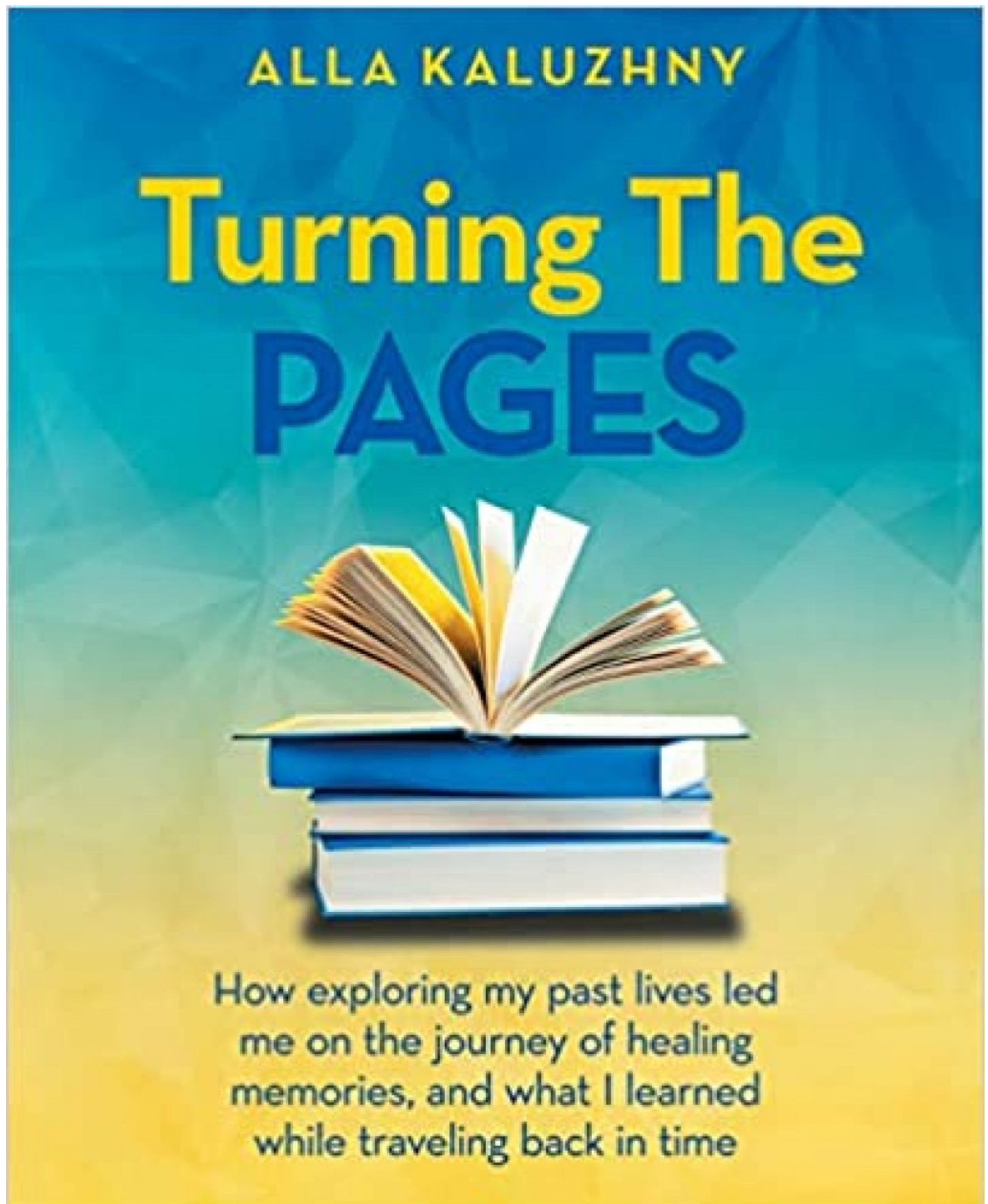


Turning the Pages by Alla Kaluzhny will be featured at the upcoming 2022 Sharjah International Book Fair



Sharjah, United Arab Emirates Nov 3, 2022 ([IssueWire.com](https://www.issuewire.com)) - Alla Kaluzhny has released her debut book titled '*Turning the Pages: How Exploring My Past Lives Led Me on the Journey of Healing Memories and What I Learned While Traveling Back in Time*,' which explores her experience with past life memories and flashbacks. In her first book, the author focuses on the widely talked about subject of reincarnation. The author's account of personal experiences keeps the reader engaged till the very end.

"My experiences with memories and flashbacks led me to firmly believe that we all have more than one life to live and our memories from the past life bear an impact on our present lives," said Alla, MA, MFT, MA in Spiritual Psychology and Consciousness, Health, and Healing.

Alla captivates her reader by sharing her journey with past life experiences and how they helped heal her. Her direct experience in reincarnation conveys a rather important message that the physical body is just the vehicle carrying a soul. *"I truly believe that my soul has gone through many journeys – a lifetime of trials, crucibles, ordeals, and everything in between," Alla added.*

Published by Balboa Press in October 2021, the book will now be seen at the upcoming 2022 Sharjah International Book Fair, the world's biggest book fair attracting 2.4 million readers over a ten-day period.

The book has received an overwhelming response from her readers, who describe her work as descriptive, engaging, and fascinating. The author beautifully drives home the message that we never indeed die; we move from one life to another.

The book is available for purchase on [Amazon](https://www.amazon.com), [Barnes&Noble](https://www.barnesandnoble.com), and [Balboa Press](https://www.balboapress.com).

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