

## **Sandhya Nayak, MD, FACOG, an Obstetrician-Gynecologist with Aesthetics and Obgyn for Advanced Women Care, PC**

Get to know Obstetrician-Gynecologist Dr. Sandhya Nayak, who serves patients in South Richmond Hill, New York.



**New York City, New York Nov 8, 2022 ([Issuewire.com](https://www.issuewire.com))** - An obstetrician-gynecologist specializing in women's health, Dr. Nayak is a firm believer in minimally invasive treatments. She is in practice with Aesthetics and Obgyn for Advanced Women Care, PC in South Richmond Hill, New York.

Offering all gynecological services, she also specializes in perimenopausal counseling, osteoporosis prevention, gynecological cancer screening, annual gynecological check, family planning counseling, contraceptive counseling, as well as STD prevention and treatment.

The doctor's acclaimed career in medicine began after she earned her Bachelor of Medicine and Bachelor of Surgery degree from Jawaharlal Nehru Medical College in India. She then relocated to the United States, performing her residency in obstetrics and gynecology at Jamaica Hospital Medical Center in New York.

A Fellow of the American College of Obstetricians and Gynecologists (ACOG), Dr. Nayak is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The ABOG is a non-profit organization that provides board certification for practicing obstetricians and gynecologists in the United States and Canada.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts). An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

With years of experience in her field, Dr. Nayak has been a meritorious student with awards of Gold Medals and numerous accolades for academic excellence during her training. She was the recipient of the Eli-Lilly Grant award for Osteoporosis from the American College of Obstetricians and Gynecologists in 2008.

On a more personal note, she speaks several languages, including English, Hindi, and Kannada.

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