

Michael Browning Smith, DACM, LAc, an Acupuncturist with Stream Point Wellness

Get to know Acupuncturist Michael Browning Smith, who serves patients in Lexington, Kentucky.



New York City, New York Nov 2, 2022 ([IssueWire.com](https://www.issuewire.com)) - Michael is a licensed acupuncturist at Stream Point Wellness in Lexington, Kentucky. He believes in treating the whole person; mind, body, and spirit, to uncover the root cause of each individual's disease and to treat that issue in the most efficient way possible.

Emphasizing a classical approach to Chinese Medicine, he respects the roots of this historic medical system, while also maintaining a flexible approach to practice in a modern setting. He utilizes 5 channel systems in his acupuncture practice and is experienced in the use of herbal formulas as well.

The vision of Stream Point Wellness is to provide healing in an environment that allows each person to achieve a harmonic and synergistic balance of health and wellness. Its team of professionals aims to treat each individual's root cause as well as alleviate their symptoms so they may realize true health and holism. They strive to provide a sense of local community by not only treating individuals, but by educating them and their families about whole health, including fitness, nutrition, and activities to balance thoughts and emotions; and lastly how to achieve these things while promoting a local and sustainable environment.

Born and raised in Russellville, Kentucky, Michael graduated from Russellville High School. He then attended Transylvania University, where he earned a degree in Biology. He received his acupuncture training and doctorate degree at Daoist Traditions in Asheville, North Carolina. He is grateful to have received direct instruction and teaching from Jeffery Yuen, Evan Rabinowitz, and Randine Lewis during his time in acupuncture school.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

Learn More about Michael Browning Smith:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84021467-Michael-Smith-Acupuncturist?zipcode=40503> or through Stream Point Wellness, <https://www.streampointacupuncture.com/practitioners/browning-smith-lac/>

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