

Golsa Shahkar, MD, a Family Physician with One Medical

Get to know Family Physician Dr. Golsa Shahkar, who serves patients in Los Angeles, California.

New York City, New York Nov 30, 2022 ([Issuewire.com](https://www.issuewire.com)) - Well-versed in the field of family medicine, Dr. Shahkar welcomes patients at One Medical in Los Angeles, California. She places great value in creating a medical home for her patients in order to treat the whole person rather than just the disease, incorporating preventive care, mental health, and physical health into their overall well-being. She strives to develop a meaningful partnership with her patients that is based on trust, which allows her to get to know their goals, motivation, and values in order to best take care of them. She is especially interested in women's health, preventive care, mental health, and obesity management.

One Medical is a membership-based primary care practice on a mission to make getting quality care more affordable, accessible, and enjoyable for all through a blend of human-centered design, technology, and an exceptional team. Their members enjoy seamless access to comprehensive care at calming offices near where they work, live, and shop in twelve major U.S. markets, as well as 24/7 access to virtual care.

Back in the early days of her academic career, Dr. Shahkar graduated with her medical degree from the Saba University School of Medicine in 2012. She completed her residency in family medicine at Beaumont Hospital, Troy in 2015.

An authority in her field, the doctor is board-certified in family medicine by the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

In her free time, Dr. Shahkar enjoys yoga, traveling, going out to restaurants, and spending time with her husband and son. She is fluent in both English and Farsi.

Learn More about Dr. Golsa Shahkar:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3666010-Golsa-Shahkar-Family-Practitioner> or through One Medical, <https://www.onemedical.com/providers/golsa-shahkar/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Golsa Shahkar, MD

[See on IssueWire](#)