

Ellen Mellow, MD, Cardiologist in Private Practice

Get to know Cardiologist Dr. Ellen Mellow, who serves patients in New York, New York.



New York City, New York Nov 1, 2022 ([Issuewire.com](https://www.issuewire.com)) - With over 24 years of experience in the field of cardiology, Dr. Mellow understands the importance of both long-term preventative care and addressing acute needs. Her main emphasis is to analyze risk and provide interventions to reduce the chances of encountering undesirable cardiovascular outcomes such as sudden cardiac death, acute myocardial infarction (heart attack), development of coronary artery disease (blockages in the arteries supplying blood to the heart), stroke, and kidney damage.

Her office offers a range of medical services such as cardiovascular screening, cardiac risk factor analysis, and intervention, management of high blood pressure, management of high cholesterol, weight management, nutrition, smoking cessation, annual physical examinations, general cardiology consultations, evaluation of chest pain and palpitations, sick visits, echocardiograms, treadmill stress tests and analysis of abnormal cardiac rhythms.

Dr. Mellow received her undergraduate degree at Princeton University in 1975 and her medical degree at Cornell University Medical College in 1980. She then went on to complete her residency in internal medicine at the NewYork-Presbyterian Hospital/Weill-Cornell Medical Center in 1983. She completed a fellowship in critical care medicine with the National Institutes of Health in 1986, and thereafter a fellowship in cardiovascular disease at the Hospital of the University of Pennsylvania in 1989. After completing her education, she was a full-time faculty member at the Weill-Cornell Medical College for many years before she went into practice. She remains adjunct faculty of the medical center and has admitting privileges to New York-Presbyterian Hospital.

As a testament to her continued education, the doctor is board-certified in cardiovascular disease (1989) and in internal medicine (1983) by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Cardiology is a branch of medicine that deals with the disorders of the heart, as well as some parts of the circulatory system. The field includes medical diagnosis and treatment of congenital heart defects, coronary artery disease, heart failure, valvular heart disease, and electrophysiology. Cardiologists are doctors who diagnose, assess, and treat patients with diseases and defects of the heart and blood vessels (the cardiovascular system).

Recognized as a Top Doctor by Castle Connolly Magazine, Dr. Mellow has been the recipient of the Exceptional Women in Medicine Award and was featured among top doctors in New York Magazine.

Learn More about Dr. Ellen Mellow:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2778547-Ellen-Mellow-Cardiologist> or through her website, <https://ellenmellowmd.com/doctor>

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