

Shreya Soni, DPT, a Physical therapist with SOS Physio

Get to know Physical therapist Dr. Shreya Soni, DPT who serves patients in Miami Beach, Florida.



New York City, New York Oct 12, 2022 ([IssueWire.com](https://www.issuewire.com)) - A licensed Doctor of Physical Therapy, Dr. Soni has been working at SOS Physio in Miami Beach, Florida since January 2022. She has more than 7 years of experience in musculoskeletal injuries and post-surgical rehabilitation with a focus on manual therapy, and her strong clinical interest is in treating shoulder/knee injuries, Sciatica and post-operative rehabilitation. She is also a certified Pelvic Health Specialist and treats conditions like Bladder/bowel incontinence, Pre-partum rehab, Prolapse, Post-partum physical therapy for - Pelvic floor weakness-tightness, Diastasis recti, and many more.

With a goal to help her patients return to a fully functional lifestyle after an injury, she can treat multiple conditions with exercises, manipulations, electrical stimulation, joint mobilization, dry needling, heat, ice, massage, and more. She will create a treatment plan and implement comprehensive strategies to deliver patient improvement, ensuring the achievement of short/long-term goals based on individual capabilities and cases.

Before embarking on her professional journey, Dr. Soni graduated with her bachelor's degree in Physical Therapy from the Ashok & Rita Patel Institute of Integrated Study and Research in Biotechnology and Allied Sciences in 2014. She then relocated to the United States, graduating with her Master's degree in Exercise Science from California Baptist University in 2017.

Furthering her education, Dr. Soni graduated with her Doctor of Physical Therapy degree from Loma Linda University in 2019. She then went on to earn her Master of Business Administration degree from the University of Cumberlands in 2022.

A member of the American Physical Therapy Association, the doctor is board-certified in physical medicine and rehabilitation by the U.S Department of health. With a proven ability in overseeing daily operations, Dr. Soni directs cross-functional teams to ensure cohesive operations in alignment with overarching policies, procedures, and best practices. She is recognized for maintaining a working knowledge of industry innovations, emerging techniques, and technologies, and evolving patient need to deliver cutting-edge solutions integrated with proven processes.

Outside of the office, Dr. Soni enjoys playing badminton, cooking, hiking, and reading. Her favorite place to vacation is Manali-North India, and any areas with mountains.

Learn More about Dr. Shreya Soni:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/83789270-Shreya-Soni-Physical-Therapist>, or through SOS Physio, <https://sosphysiorehab.com/our-team-2-2/>

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Source : Shreya Soni, DPT

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