

# Psychiatric Nurse Practitioner Tinsae Tollesa, RN Provides Care for the Tennessee Area

Get to know Psychiatric Nurse Practitioner Tinsae Tollesa.

**New York City, New York Oct 14, 2022 ([IssueWire.com](https://www.issuewire.com))** - Tinsae is a Psychiatric Nurse Practitioner currently practicing with Generations Mental Health Center.

As a nurse, Tinsae works in the healthcare sector, interacting directly with patients to ensure that they receive quality care, understand physician instructions, and have access to the services needed to maintain optimal health. Tinsae holds an active license to practice, and continues to take an all-encompassing role in supporting a patient's well-being.

A psychiatric nurse practitioner is a nurse practitioner who specializes in mental health care, diagnosing and treating mental health conditions. Prescribing medication and offering psychotherapy are both within the scope of care that a psychiatric nurse practitioner can provide, whether they are practicing under a doctor or on their own. They work with individuals, families, groups, and communities to assess mental health needs, diagnose mental illness, and prescribe appropriate medication. Some Psych NPs are also trained to provide clients with psychotherapy.

## Media Contact

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Source : Tinsae Tollesa, RN

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