

Komo Plant Based Foods Reaches 400 Distribution Points with Addition of 11 Grocery Chains in Eastern Canada

Vancouver, British Columbia Oct 19, 2022 ([IssueWire.com](https://www.issuewire.com)) - Komo Plant Based Foods Inc. (CSE: YUM) (OTCQB: KOMOF) (FRA:9HB) ("Komo"), a premium plant-based food company, is pleased to announce an additional 100 stores through 11 grocery chains in Ontario and Quebec now carrying Komo's frozen plant-based meals, bringing the total number of distribution points in Canada to over 400. This number does not include additional stores anticipated to launch with Loblaws Market and Loblaws banner stores later this year. Included in the 100 new stores carrying Komo are 22 locations of Foodland, 22 locations of Aisle24, 12 locations of Goodness Me!, and 22 locations of Metro.

Foodland is a Canadian chain of grocery stores that was founded in 1985. Its stores are located mostly in rural areas of Atlantic Canada and Ontario. The chain is owned by Sobeys and the stores range in size from 4,000 to 32,000 square feet. Foodland stores are franchised neighbourhood supermarkets that offer a wide selection of conventional supermarket products such as produce, meats, dairy products, frozen food, dry goods, baked goods, and deli products.

Aisle24 was founded in 2015 with a vision of automated grocery vending, inspired by advances in automation, technology, and payment systems. The entrepreneurial venture soon became Canada's first cashierless grocery store. Komo products can be found in 22 locations across Southern Ontario and Quebec including Toronto, Montreal, and Quebec City.

Goodness Me! Natural Food Market was established in 1981 and has serviced millions of orders in Ontario, Canada. Its mission is simple: to discover, educate and offer products for healthy living.

Metro, was founded in 1947 by a few independent grocery retailers who formed a buying group that would enable them to offer its customers products at prices comparable to those of major food chains. Today Metro Quebec is a network of some 950 food stores under several banners including Metro, Metro Plus, Super C, and Food Basics.

Some other notable locations that have added Komo's frozen products to their shelves are:

Nature's Emporium: 4 locations, Organic Garage - 4 locations, Ambrosia- 3 locations, Highland Farms - 3 locations, and La Boite à Grains - 4 stores (Ottawa-Gatineau). Komo can also be found in the following premium grocery outlets in Quebec: La Moisson - 1 location, Pasquier - 2 stores.

About Komo

Komo Plant Based Foods Inc. is a premium plant-based food company that develops, manufactures, and sells a variety of plant-based frozen meals that are always hearty, satisfying, and made with wholesome ingredients. At Komo, our mission is to help make plant-based meals a staple on every dinner table by sharing our love for feel-good food that connects people to the planet. We believe plant-based eating is the future and - Change can start with a single bite™. Our experienced plant-based innovation and development team recreates vegan versions of traditionally cheesy and meaty classics, with 100% plants. Komo's products are sold direct-to-consumer through our eCommerce website and a distribution network of online and brick-and-mortar grocery, convenience, and natural retailer channels. Our operating subsidiary Komo Comfort Foods launched in 2021 with our flagship products: plant-

based Lasagna, Shepherd's Pie, and Chickenless Pot Pie and Komo Plant-Based Meal Helpers™ - versatile meal-starters to allow the creation of many dishes at home. Komo's newest product is Mac & Greens. All of our products are 100% plant-based, made with wholesome ingredients, free from preservatives, and frozen for freshness. Freezing products is a natural and effective way of keeping food products for longer without having to use any preservatives. Komo's meals have a frozen shelf life of 18 months.

Learn more at: www.komocomfortfoods.com and follow on Instagram: [@komocomfortfoods](https://www.instagram.com/komocomfortfoods)

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