

Kimberly DeStefano, MD, a Maternal-Fetal Medicine Specialist with Austin Maternal-Fetal Medicine

Get to know Maternal-Fetal Medicine Specialist Dr. Kimberly DeStefano, who serves patients in Austin, Texas.



New York City, New York Oct 20, 2022 ([Issuewire.com](https://www.issuewire.com)) - A seasoned maternal-fetal medicine specialist, Dr. DeStefano founded Austin Maternal-Fetal Medicine in 2009, and serves as Medical Director of Maternal-Fetal Medicine for St. David's Women's Center of Texas.

“My passion is to provide care that focuses on building a relationship with the patient and referring provider to optimally manage both the medical and emotional aspects of a high-risk pregnancy. Pregnancies in general can be stressful, and all the more so when a complication arises” stated the doctor.

As a physician and a mother, Dr. DeStefano considers it a pleasure to have the opportunity to improve the outcomes for women and infants in these circumstances while also providing compassionate support throughout the journey.

Her areas of expertise include perinatal ultrasound, fetal echocardiography, amniocentesis, chorionic villus sampling, and cerclage placement (vaginal & abdominal).

Back in 2001, Dr. DeStefano graduated with her medical degree from the Joe R. and Teresa Lozano Long School of Medicine. She then went on to perform her residency

Recognized as a Fellow of the American College of Obstetricians and Gynecologists (ACOG), she is a member of the Society for Maternal-Fetal Medicine and the American Institute of Ultrasound in Medicine.

Furthermore, she is board-certified in maternal-fetal medicine & obstetrics, and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define specialty standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women’s health.

Holding an academic title, Dr. DeStefano serves as an Assistant Professor of Obstetrics and Gynecology at the Texas A&M Health Science Center, a component of Texas A&M University.

Maternal-fetal medicine (MFM) is a subspecialty of obstetrics and gynecology that focuses on managing the health concerns of the mother and fetus prior to, during, and shortly after pregnancy. Maternal-fetal medicine specialists are physicians who subspecialize within the field of obstetrics. For pregnant women with chronic health problems or other complications during their pregnancy, MFM specialists work to keep them as healthy as possible while their bodies carry a pregnancy. They also care for women who face unexpected problems that develop during pregnancy such as early labor, bleeding, or high blood pressure.

Among Dr. DeStefano’s accolades include the Patients’ Choice Award (2010) and Compassionate Doctor Recognition (2010).

In her off time, she enjoys spending time with her family, scrapbooking, and horseback riding. She speaks both English and Spanish.

Learn More about Dr. Kimberly DeStefano:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/35489-Kimberly-DeStefano-OB-GYN-Obstetrician-Gynecologist> or through Austin Maternal-Fetal Medicine, <http://namfm.com/physicians/profile/Kimberly-DeStefano-MD>

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