

Gelareh Naenifard, DC, a Chiropractor with Pain and Rehab Center, LLC

Get to know Chiropractor Dr. Gelareh Naenifard, who serves patients in Maryland.



New York City, New York Oct 18, 2022 ([Issuewire.com](https://www.issuewire.com)) - Fairmount Heights chiropractor, Dr. Naenifard, is the Clinical Director of Pain and Rehab Center, LLC, which she founded in 2017. She has successfully helped thousands of patients find solutions for symptoms arising from car accident injuries like whiplash, other physical trauma, neck pain, back pain, headaches, and work-related injuries.

Pain and Rehab Center, LLC values the health and well-being of patients and emphasizes their long-term recovery. Dr. Naenifard takes a whole-person approach by not only managing each patient's symptoms but by addressing the underlying causes of their pain and injury. She utilizes state-of-the-art equipment and treatment therapies to provide appropriate care to each and every patient.

Committed to helping her patients live healthy and active life, she is incredibly passionate about empowering each patient with the knowledge and resources to take control of their health. She also provides patients of all ages with a non-surgical alternative to healing pain and injury.

Dr. Naenifard did her undergraduate work at Charleston Southern University, where she received her Bachelor of Science degree in Biology. While in a Master's program, a cardiologist friend suggested she look into chiropractic as a career.

At the time, she had never heard of chiropractic, so she decided to learn more about it. In 2004, she shadowed a few doctors and decided to change direction. She was accepted to Life University College of Chiropractic in Marietta, Georgia, and received her Doctor of Chiropractic degree in December 2008.

After trying other specialties, she realized that she really enjoys treating personal injury cases. She made that her specialty and continues to provide her patients with exceptional care.

A believer in lifelong learning, Dr. Naenifard currently holds many certifications including Medical examiner for the National Registry of Department of Transportation, DOT, FMCSA, NRCME, National Registry # 9380714400; Certified Chiropractic Sports Practitioner®; Dry Needling Certification; MRI Spine Interpretation; Full Body Active Release Technique (ART)®; Spinal Biomechanical; Lumbar Rehabilitation; Accident Reconstruction; Whiplash Analysis, Head Trauma and Brain Injuries; Auto Accident Sciatica Injuries; Personal Injury Specialty Evaluations and Diagnostics; Full Body Kinesio Taping Technique; and Graston® Technique.

Constantly striving to improve and update her knowledge in her necessary fields, she is an active member of the American Chiropractic Association, the Maryland Chiropractic Association, and the Virginia Chiropractic Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Gelareh Naenifard:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/807708-Gelareh-Naenifard-chiropractor-Charlotte-NC-28270> or through Pain and Rehab Center, LLC, <https://www.painrehabcentermd.com/about/dr-gelareh-naenifard.php>

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