

Zachariah Penwell, DC, a Chiropractor with Live Well Chiropractic

Get to know Chiropractor Dr. Zachariah Penwell, who serves patients in Hendersonville, Tennessee.

New York City, New York Sep 7, 2022 ([Issuewire.com](https://www.issuewire.com)) - Well-versed in the field of chiropractic, Dr. Penwell works with patients at his private practice - Live Well Chiropractic - in Hendersonville, Tennessee. He takes a "whole person" approach in chiropractic care, which means looking for the underlying causes of disease, discomfort, and pain, as opposed to just treating the symptoms. Many seemingly unrelated symptoms often arise from imbalances in the spinal column, and he is able to determine the root of the pain and create a personalized chiropractic and wellness plan to suit each patient's individual needs.

A third-generation chiropractor, he grew up in a small town in central Illinois and is proud to bring his experience to Hendersonville and the surrounding areas. He received his Doctor of Chiropractic degree from Logan University in 2021. He has had chiropractic care throughout his life and believes that it continually helps him maintain his physical and mental health at an optimal state.

Because of this, Dr. Penwell is passionate about helping people of all ages and conditions with corrective and wellness care. He believes in a full-spine approach that utilizes manual and instrument-assisted adjustments to help restore function and motion to targeted spinal segments. He has received advanced training in the treatment of children, as well as helping those who are pregnant.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

On a more personal note, Dr. Penwell enjoys spending time with his wife and two handsome boys. They enjoy going to amusement parks, going on hikes and traveling.

Learn More about Dr. Zachariah Penwell:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83378681-Zachariah-Penwell-Chiropractor>, or through Live Well Chiropractic, <https://www.livewelltn.com/meet-the-doctor>

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