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AYUR ORGANIC

Since 2003

Melbourne, Victoria Sep 25, 2022 ([Issuewire.com](https://www.issuewire.com)) - Hair health can be an indication of overall well-being and internal balance. Apart from this, hair is often tied to our self-confidence and sense of identity.

In Ayurveda, there is a multitude of natural remedies that help maintain not only the health, longevity,

and growth of our hair but also its luster.

Ayur Organic is dedicated to sourcing products that promote gentle but effective hair care with proven results. The hair care range at Ayur Organic is formulated with naturally sourced ingredients. Additionally, our products are sustainably sourced and have not undergone animal testing.

Ayur Organic top Hair care products!

[Amla](#)

Amla, or Indian gooseberry, is noted as one of the most powerful sources of antioxidants in the world. Like skin, our hair is constantly exposed to the outside world – including pollutants, toxins, and unseeingly harmful chemicals that can be found in a variety of hair products. This can have lasting effects on the longevity and growth of your hair. As a potent source of antioxidants, 100 grams of Amla contains as much vitamin C as 20 oranges which are especially helpful in detoxifying hair. Amla as a tonic can penetrate deep into the hair follicle, preventing dandruff and strengthening the hair structure.

Ayur Organic 100% organic Cold-Pressed Oil - Safe to say one of the most helpful oils for the hair and skin. Amla moisturizes and strengthens the hair leaving it Luscious and soft to the touch. As Well as taking care of the hair, Amla is also highly known for its vitamin C properties making it a miraculous skin oil. Gently massage the oil into the scalp 30 minutes before showering or leave overnight for best results.

- Can prevent Hair loss
- Premature breakage of hair
- Immunity booster
- Adds natural shine to the hair

[Bhringaraja](#)

Apart from its many health benefits Bhringaraja or Bringraj is most renowned for its ability to stimulate and support hair growth. The oil is extracted from the Ecplita plant which is a member of the sunflower family. This ingredient is high in vitamin E, vitamin D, magnesium, calcium, and iron; all of which are essential to maintaining the longevity of your hair.

The most notable benefits of Bhringraj for hair are the prevention of greying and dandruff.

Bringaraj Thailam 200ml - Combined with effective massaging, Bhringraj oil is one of the most effective Ayurvedic oils for hair growth and hair loss. The oil nourishes the roots of the scalp to produce better and stronger hair.

Cleansing and conditioning

A vital step after applying oil to the scalp and hair is to properly cleanse and condition. Skipping this step or not performing a thorough wash can lead to hair breakage or the blockage of pores on the scalp.

Amla & Bhringraj Conditioner - Smoothing Amla & Bhringraj Hair Conditioner includes multi phytonutrients, vitamins, and minerals that accelerate hair growth by increasing scalp circulation. Because of its antibacterial effects, it protects the hair from numerous hair damages caused by pollen, dirt, and pollution removes germs stuck on your hair, and thereby provides hair strengthening to make

hair thicker, bouncier, and more lustrous.

Pair it with Amla bhringraj Hair cleanser!

Shop the range - <https://www.ayurorganic.com.au/product-category/other/hair-care/>

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Other benefits to Ayurvedic hair care

Apart from the aesthetic and health benefits of incorporating natural products in your hair routine, hair oiling is a therapeutic way to establish some self-care in your day. Massaging oil into the scalp can help to relieve stress and calm nerves. Ayurvedic oils are typically fragrances free, the addition of a few drops of essential oils such as lavender or tea tree can add a pleasant aroma which will add to the calming effect when massaged into the scalp.

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