

Shelley L. Williams, MD, a Family Physician with Washington DC Metropolitan Physical Therapy & Fitness Center

Get to know Family Physician Dr. Shelley L. Williams, who serves patients in Silver Spring, Maryland.



New York City, New York Aug 30, 2022 ([IssueWire.com](https://www.IssueWire.com)) - An established family physician, Dr. Williams has been in private practice at Washington DC Metropolitan Physical Therapy & Fitness Center in Silver Spring, Maryland for many years. Her focus and passion are “total care for the entire family”.

Back in the early days of her academic career, Dr. Williams graduated with her medical degree from Meharry Medical College in 1990. She then went on to perform her residency in family medicine at Howard University Hospital in 1993.

With over three decades of experience in her field, the doctor is board-certified in family medicine by the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

Licensed by the state of Maryland, Dr. Williams is affiliated with Holy Cross Hospital.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

On a more personal note, Dr. Williams speaks both English and Spanish.

Learn More about Dr. Shelley L. Williams:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2205463-Shelley-Williams-Family-Practitioner>

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