

Amish M. Shah, DC, a Chiropractor with Riverside Health

Get to know Chiropractor Dr. Amish M. Shah, who serves patients in Des Plaines, Illinois.



New York City, New York Aug 25, 2022 ([IssueWire.com](https://www.issuewire.com)) - A prominent chiropractor, Dr. Shah serves Des Plaines and the surrounding communities in Illinois at his private practice, Riverside Health. He uses chiropractic care to improve health and wellness in all areas of patients' lives, whether they are having problems with back pain or neck pain, or just want to start feeling better when they wake up in the morning.

Taking a "whole person" approach in chiropractic care, he looks for the underlying causes of disease, discomfort, and pain, as opposed to just treating the symptoms. Many seemingly unrelated symptoms often arise from imbalances in the spinal column, and he is able to determine the root of the pain and create a personalized chiropractic and wellness plan to suit each patient's individual needs. Under his caring and skilled supervision, patients report higher functioning in all areas of their lives.

Pertaining to his educational pursuits, Dr. Shah earned his Doctor of Chiropractic degree from the National University of Health Sciences. Furthermore, he is an active member of the Illinois Chiropractic Society.

Chiropractic is a form of alternative medicine that mainly deals with diagnosing and treating mechanical disorders of the musculoskeletal system, especially the spine. Chiropractors use spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without medication or surgery.

Speaking several languages, Dr. Shah is fluent in English, Hindi, and Gujarati, allowing him to interact with and serve varied communities.

Learn More about Dr. Amish M. Shah:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1091189-Amish-Shah-Chiropractor>, or through Riverside Health, <https://www.riversidehealthclinic.com/meet-the-doctor>

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