

Vaia Delidimitropulu, PhD, a Psychologist with Aristotle Psychological and Biofeedback Services

Get to know Psychologist Dr. Vaia Delidimitropulu, who serves patients in Astoria, New York.



New York City, New York Jul 14, 2022 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Delidimitropulu is a licensed clinical/forensic psychologist with over 25 years of experience in practice. She is the Clinical Director of Aristotle Psychological and Biofeedback Services in Astoria, New York.

As such, she specializes in treating children, adolescents, adults, and couples who are experiencing various relationship and individual problems. Her approach to therapy involves setting goals and developing specific strategies for achieving these goals. She also uses biofeedback and Neurotherapy for achieving maximum success in the full recovery of her patients.

Her areas of specialization include forensic psychology, sex offender treatment, custody cases, anxiety, depression, panic attacks, family and relationship problems, treatment of children with ADHD/ADD and other learning disabilities, as well as administration of psychological and neuropsychological evaluations.

In 1978, Dr. Delidimitropulu received her undergraduate diploma in Greece from Aristotelian University. Years later, in 1982, she earned her Doctorate in Clinical/ School Psychology from the University of Siena in Italy. She then worked as a Clinical Psychologist and Researcher at the Psychiatric Clinic (Department of Medical Psychology) of the Faculty of Medicine and Surgery in Siena.

In 1984, she received her Post-Doctoral degree (Diploma of Advanced Studies in Child Psychology) with a specialization in the Development of Language and Language Disorders from the University of Paris, France. Following this, she received another Ph.D. in Clinical Psychology with a specialization in Learning Disabilities, ADD/ADHD, and Neuropsychology from University Inca Garcilaso de la Vega in Lima, Peru, and later became an Honorary Professor in Clinical Psychology at the said University. In 2007, Dr. Delidimitropulu received her Post-Doctoral degree (D.M.S in Clinical Psychopharmacology) from the Massachusetts School of Professional Psychology in Boston, U.S.A.

Psychology is the science of behavior and the mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

On a more personal note, Dr. Delidimitropulu speaks multiple languages, including English, French, Greek, and Italian.

Learn More about Dr. Vaia Delidimitropulu:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3675749-Vaia-Delidimitropulu-Psychologist>, or through Aristotle Psychological and Biofeedback Services, <https://aristotlepsychological.com/meet-our-team>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Vaia Delidimitropulu, PhD

[See on IssueWire](#)

