

Top 5 interesting facts you should know before getting Teeth whitening at Chantilly Dental Arts Center



Chantilly, Virginia Aug 12, 2022 (Issuewire.com) - If you need professional [teeth whitening near you](#), call Chantilly Dental Arts Center, where we offer safe and effective teeth whitening in Chantilly, VA and the surrounding areas. Here are the Top 5 interesting facts you should know before getting Teeth whitening at Chantilly Dental Arts Center.

1. Teeth are Porous

Like skin, teeth are porous. That is why teeth stain when they absorb dyes in foods and drinks. It takes quite a bit of time, but these stains will accumulate and change the color of your teeth. Only the best teeth whitening treatments can remove the discoloration.

2. The Process Doesn't Harm Teeth

Teeth whitening is safe and gentle and is not harmed during the process. The teeth whitening procedure will even rejuvenate your teeth. As the pores are once again opened, they can perform their natural functions more easily. Tooth whitening from a [dentist in Chantilly](#) hydrates and revitalizes your teeth.

3. Bonding is the Key to Proper Whitening

Many of the procedures used to whiten teeth use overlapping products. The difference in the effectiveness lies in the type of trays used to bond the whitener to the teeth. Only with a custom mold can the dentist be sure to get full coverage of the entire tooth, regardless of misaligned or differently sized teeth. Fitted trays remain the most effective way to do that, outperforming heat and treat trays.

4. True Stain Removal Takes Time

It's not possible to whiten teeth safely in a single session. Only by using repeated treatments can the patient receive the results they are looking for. The process can last anywhere from a few days to a couple of months; the stains didn't happen overnight, so reversing the process can take quite a bit. After the treatment, patients report that keeping the teeth stainless is easier.

5. The Process Can Cause Temporarily Sensitive Teeth

Over half of the people in the United States report tooth sensitivity. Sometimes people are born that way, but trauma and decay can also be leading causes of sensitivity. The whitening process dehydrates teeth which can increase sensitivity temporarily. Avoiding certain foods and drinks in the morning after the process can help. After receiving teeth whitening near you, the [dentist in 20151](#) will advise you on other treatments like fluoride to replenish lost fluids in teeth.

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Source : Chantilly Dental Arts Center

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