

On the day Roe v Wade was overturned a book offered hope

Navigate through a spiritual journey with Sarah Grady's publication, 'Homecoming'



Savannah, Georgia Jul 20, 2022 ([IssueWire.com](https://www.issuewire.com)) - The United States was shaken on June 24th, 2022 by the US Supreme Court's vote to overturn Roe v Wade, the landmark decision that had protected women's right to their bodies and choice since 1973. But fortuitously and serendipitously, another event occurred that same day that offers hope and a much-needed compass in turbulent and rapidly changing times.

Sarah Grady is thrilled to announce the publication of her first book, 'Homecoming: A Feminine GPS for a Lost World'. A versatile author and professional spiritual teacher, Sarah is also a doula and former psychotherapist who has helped many women to find the light in their lives. The synchronicity of this remarkable book being published on June 24 as Roe v Wade was overturned offers transformational hope, unity, and power to the Feminine Spirit. The book's intent is to help women navigate to peace through the complexity and chaos.

'Homecoming: A Feminine GPS for a Lost World' offers a sacred transmission of personal stories, guidance towards personal wellness, channeled permission slips, and many rituals resurrecting ancient

feminine principles. It encourages the reader to rethink her life and ground herself in a new reality based on self-worth and self-love. "Homecoming" is intended to inspire all people, but especially women, to embrace their lives, and return to their true selves while walking away from toxic relationships, inequality in jobs, deep patterns of pleasing others, and other negative behaviors that block access to the pure energy that resides in the human body, mind, and soul. This complete guide starts with an Opening Prayer and slowly guides the reader through practices that help express life sensually, spiritually, and creatively. The chapters are intertwined with each other, weaving together rituals of sacred transmission with practical-yet-mystical tools that help to channel energy, let go of negative ways of being and embrace our truest nature. Considering the vast and intriguing subject matter of the book, it is a welcome addition to the literature on women's empowerment and revolution.

'Homecoming: A Feminine GPS for a Lost World' is currently available for purchase at [Barnes & Noble](https://www.barnesandnoble.com/) and on [Amazon](https://www.amazon.com/) in both Kindle and Paperback editions.

Sarah Grady is on a mission to support women in reclaiming their embodied wisdom so they may find greater balance within themselves, their relationships, and the Earth. In addition to being an author, Sarah also offers private mentoring, online courses, doula services, movement classes, and retreats.

Connect with her and learn more at www.Sarah-Grady.com.



Media Contact

Sarah Grady, MA, of Sacred Sovereign, LLC.

sarah@sarah-grady.com

Source : Sarah Grady, MA, Sacred Sovereign, LLC

[See on IssueWire](#)